Model 3840 Nutritional Scale Complete Food Listing -- Alphabetical

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After Eight, mints	beef, brisket, lean raw	bread, naan	cheese, neufchatel	coconut, desiccated	cranberries, fresh	fish, mackerel, raw	gum drops
alfalfa, sprout, fresh All Bran. cereal.	beef, rib, raw beef, rib, rstd	bread crumbs, plain dry bread sticks, plain	cheese, parmesan	coconut, cream, raw	cranberries, dried	fish, monkfish, raw fish, mullet, raw	ham, chopped canned ham, cooked sliced
AllBran, cereal, extra fiber	beef, rib, lean raw	breadfruit, raw	cheese, port de salut cheese, provolone	coconut, milk, canned	cream, whipped topping, spray cream, soured, reduced fat	fish, pike, raw	ham, honey roasted, smoked
allspice, ground	beef, tenderloin, lean rstd	broccoli, raw	cheese, ricotta, whole milk	coconut, liquid	cream, soured, regular	fish, pollock, raw	ham, smoked, lean low salt
almonds, sugared	beef, tenderloin, lean raw	broccoli, boiled	cheese, ricotta, part skim milk	coconut, desiccated, sweetened	cream, light, coffee table	fish, salmon, raw	ham, parma
amaranth	beef, sirloin, lean raw	broccoli, boiled from frzn	cheese, romano	cod liver, oil	cream, whipping, heavy	fish, salmon, smoked	hamburger, single patty
anise, seed	beef, sirloin, lean pan fried	brownies	cheese, swiss	coffee, ground, prepared	cream, half and half	fish, salmon, pink canned	hamburger, double patty
apple, turnovers	beef, tripe, raw	brownies, dry mix	cheese, tilsit	coffee, espresso, prepared	cream, half and half, fat free	fish, sardines, canned in oil	hamburger, relish
apple, with skin	beef, corned, canned beef, luncheon meat, jellied	brussels, sprouts, raw	cheese, american, processed	coffee, instant, powder	cream, soda	fish, sardines, canned in tomato fish, sea bass, raw	hashed brown, potato
apple, without skin apple, dried	beef, pastrami	brussels, sprouts, boiled (cooked) brussels, sprouts, boiled frm frzn	cheese, swiss, processed cheese, goats, hard	coffee, instant, prepared coffee, instant, decaf powder	cream of rice, cereal, prepared cream of tartar	fish, shark, raw	hearts of palm, canned hearts of palm, raw
apple, stewed	beef, t bone steak, raw	buckwheat	cheese, goats, soft	coffee, instant, decaf prepared	cream of wheat, regular cooked	fish, shark, fried battered	honey
apple, stewed with sugar	beef, chuck, lean raw	bulgur, dry	cheese, fondue	coffee beans, ctd in dark choc	cream of wheat, quick cooked	fish, sturgeon, raw	horseradish, prepared
apple, fruit butter	beef, raw	bulgur, cooked	cheese, cheddar, low fat	coffee beans, ctd in milk choc	cream of wheat, mixneat prepared	fish, swordfish, raw	horseradish, raw
Apple Jacks, cereal	beef, cooked	burdock	cheese, roquefort	coffeecake, cheese	cream substitute, powder	fish, trout, raw	hotdog, plain
apricot, fresh	beef, jerky	burrito, beans and cheese	cheese, cream cheese, low fat	coffeecake, fruit	creme fraiche, 18% fat	fish, rainbow trout, raw	hotdog, with chili
apricots, canned in juice	beef, ground, 95% lean raw	burrito, beans and meat	cheese, burger, single patty	cola, decaf	creme fraiche, 38% fat	fish, tuna, raw	hotdog, relish
apricots, canned in syrup apricots, dried	beef, ground, 95% lean browned beef, ground, 90% lean raw	butter, salted butter, unsalted	cheese, burger large	cola, regular coleslaw, retail	crispbread, rye	fish, tuna, canned in oil fish, tuna, canned in water	hummus, commercial ice cream, vanilla, rich
arrowroot, raw	beef, ground, 90% lean browned	butterscotch	cheese, burger, large cheese spread, processed	colesiaw, homemade	Crispix, cereal crispy rice, cereal	fish, white raw,	ice cream, vanilla, soft scoop
arrowroot, flour form	beef, ground, 85% lean raw	cabbage, raw	cheesecake, baked type	collards, raw	croissants, plain	fish, white smoked,	ice cream, vanilla
artichokes, raw	beef, ground, 85% lean browned	cabbage, cooked	cheesecake, no bake type	cones, ice cream, unfilled	croissants, apple	fish, crayfish, raw	ice cream, chocolate
artichokes, boiled (cooked)	beef, ground, 80% lean raw	cabbage, savoy, raw	cherries, sour	cookie crisp, cereal	croutons, plain	fish, salmon, baked	ice cream, strawberry
asparagus, raw	beef, ground, 80% lean browned	cabbage, pak choi, raw	cherries, canned lt syrup,	cookies, fortune	cucumber, raw	fish, white baked,	ice cream, vanilla, with cone
asparagus, boiled (cooked)	beef, top round, fried	cabbage, chinese, raw	cherries, canned hvy syrup,	cookies, rich tea	currants	fish, salmon, raw farmed	ice cream, sundae, caramel
asparagus, canned	beef, round bottom, raw	cabbage, red, raw	cherries, sweet	cookies, chocolate fudge	curry powder	fish, battered fried,	ice cream, sundae, hot fudge
avocado, fresh	beef, flank, raw	cake, angelfood	chewing, gum	cookies, chocolate wafer	custard, egg, dry mix	fish, burger, tartar sauce	ice cream, sundae, strawberry
Baby Ruth	beef, top round broiled	cake, chocolate	Chex, cereal multibran	cookies, choc chip, low fat	custard, egg	fish , carp, raw	ice cream, chocolate, rich
bacon, streaky (common type) bacon bits, meat free	beef, top round, broiled beef, t bone steak, broiled	cake, fruit cake, gingerbread	Chex, cereal, multibran chicken, fried breaded dk meat	cookies, choc chip cookies, choc chip, soft type	custard apple, fresh cuttlefish, raw	fish fingers, breaded cod flan, caramel custard	ice cream, block, choc coated ice pop
bagels, plain	beef, sirloin, lean broiled	cake, gingerbread cake, pineapple, upside down	chicken, fried breaded dk meat	cookies, choc chip, dough	dates, fresh	flour, rice, white	jackfruit, fresh
bagels, toasted	beef stew, canned	cake, pound	chicken, pie, frozen	cookies, macaroons	dessert topping, with whole milk	flour, whole grain,	jams, preserves
bagels, egg	beefalo, raw	cake, sponge, cream filling	chicken, with skin raw	cookies, gingersnap	dill weed, dried	flour, bread, white	jams, preserves, with saccharin (sugar free)
bagels, cinnamon raisin	beer, regular	cake, sponge	chicken, fried with skin	cookies, oatmeal	dill weed, fresh	flour, self raising, all purpose	jellies
bagels, cinnamon raisin toasted	beer, light	cake, carrot	chicken, stewed with skin	cookies, oatmeal, with raisins	dough, phyllo, raw	flour, white all purpose	jellybean
baked beans, in tomato sauce	beets, raw	cake, swiss roll	chicken, fried meat only	cookies, peanut butter	doughnuts, plain	frankfurter, pork beef (hot dog, weiner)	jerusalem, artichoke, raw
baked beans, with franks	beets, boiled	cake, white dry mix	chicken, stewed meat only	cookies, raisin, soft type	doughnuts, choc frosted	frankfurter, chicken (hot dog, weiner)	juice, apple
baked beans, no added salt baking powder, low sodium	beets, canned beets, pickled	cake, write cake, chocolate, choc frosting	chicken, skin only raw chicken, It meat battered fried	cookies, shortbread, plain cookies, wafer, cream filled	doughnuts, sugar glazed doughnuts, cream filled	french fries, fried in veg oil french fries, baked	juice, grapefruit juice, grapefruit, sweetened
baking soda	berliner, sausage, pork beef	cake, yellow with frosting	chicken, dk meat battered fried	cookies, butter	doughnuts, jelly	french fries, crinkle cut baked	juice, grapefruit, concentrate
bamboo shoots, raw	biscuit, plain	cake, yellow dry mix	chicken, light meat raw	cookies, digestive, chocolate	Dr Pepper	frogs legs, raw	juice, grape
bamboo shoots, canned	bison, buffalo, raw	cake, yellow	chicken, dark meat raw	cookies, digestive, plain	drink, malted	fromage frais	juice, orange
banana, fresh	blackberries, fresh	candies, hard	chicken, thigh meat and skin raw	cookies, jam sandwich	duck, fat	Froot Loops, cereal	juice, orange, canned
banana, dried	blookbarrian frazon						
ouriana, anou	blackberries, frozen	candies, hard low cal	chicken, roast with skin	cookies, choc sandwich, cream	duck, with skin raw	Frosted Flakes, cereal	juice, tangerine
banana chips	blood, sausage	Cap n Crunch, cereal	chicken, roast meat only	cookies, fig bar	duck, roast with skin	frosting, chocolate	juice, passionfruit, purple
banana chips barley	blood, sausage bloody mary, tomato cocktail	Cap n Crunch, cereal capers, canned	chicken, roast meat only chicken, giblets, simmered	cookies, fig bar cookies, ladyfingers	duck, roast with skin duck, meat only raw	frosting, chocolate frosting, coconut	juice, passionfruit, purple juice, passionfruit, yellow
banana chips barley barley, pearled raw	blood, sausage bloody mary, tomato cocktail blueberries, fresh	Cap n Crunch, cereal capers, canned caramels	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw	cookies, fig bar cookies, ladyfingers cookies, cream filled	duck, roast with skin duck, meat only raw duck, roast meat only	frosting, chocolate frosting, coconut frosting, cream cheese	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple
banana chips barley barley, pearled raw barley, flour	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen	Cap n Crunch, cereal capers, canned caramels cardamom	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh	duck, roast with skin duck, meat only raw duck, roast meat only dumplings	frosting, chocolate frosting, coconut frosting, cream cheese frosting, vanilla	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned
banana chips barley barley, pearled raw	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen boar, raw	Cap n Crunch, cereal capers, canned caramels	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled	frosting, chocolate frosting, coconut frosting, cream cheese frosting, vanilla frozen yogurt, vanilla	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple
banana chips barley barley, pearled raw barley, flour basil, dried	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced,	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh	duck, roast with skin duck, meat only raw duck, roast meat only dumplings	frosting, chocolate frosting, coconut frosting, cream cheese frosting, vanilla	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, fat chicken, nuggets, breaded	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw	frosting, chocolate frosting, coconut frosting, cream cheese frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink juice, tomato, canned juice, carrot juice, cranberry
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean , burger, breaded spicy beans, navy, sprouted	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob carrots, raw carrots, boiled (cooked) carrots, canned	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, fat chicken, nuggets, breaded chicken, burger, fillet sandwich	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, yellow white corn, sweetcorn, boiled (cooked)	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, white raw	frosting, chocolate frosting, coconut frosting, cream cheese frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit, candied	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink juice, tomato, canned juice, carrot juice, cranberry juice, lemon, fresh
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean, burger, breaded spicy beans, navy, sprouted beans, navy, sprouted boiled	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob carrots, raw carrots, boiled (cooked) carrots, canned carrots, boiled from frzn	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, fat chicken, nuggets, breaded chicken, burger, fillet sandwich chicken, meat and skin raw	cookies, fig bar cookies, ladyfingers cookies , cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, yellow white corn, sweetcorn, boiled (cooked) corn, sweetcorn, canned in brine	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, yolk raw	frosting, chocolate frosting, coconut frosting, cream cheese frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit, candied fruit and fibre, cereal, post	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink juice, tomato, canned juice, carrot juice, cranberry juice, lemon, fresh juice, lemon, bottled
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean, burger, breaded spicy beans, navy, sprouted beans, navy, sprouted beans, snap, fresh	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob carrots, raw carrots, boiled (cooked) carrots, canned carrots, boiled from frzn carrots, baby	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, fat chicken, nuggets, breaded chicken, burger, fillet sandwich chicken, meat and skin raw chicken, roasted	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, yellow white corn, sweetcorn, boiled (cooked) corn, sweetcorn, canned in brine corn, sweetcorn, creamed canned	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, white raw egg, yolk raw egg, fried	frosting, chocolate frosting, coconut frosting, cream cheese frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit, candied fruit and fibre, cereal, post fruit cocktail, canned in juice	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink juice, tomato, canned juice, carrot juice, cranberry juice, lemon, fresh juice, lemon, bottled juice, lime, fresh
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean, burger, breaded spicy beans, navy, sprouted beans, navy, sprouted beans, snap, fresh beans, snap, boiled (cooked)	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn,	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob carrots, raw carrots, boiled (cooked) carrots, boiled from frzn carrots, bobled from frzn carrots, baby cassava, raw	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, fat chicken, nuggets, breaded chicken, burger, fillet sandwich chicken, meat and skin raw chicken, roasted chicken breast, meat only raw	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, yellow white corn, sweetcorn, boiled (cooked) corn, sweetcorn, canned in brine corn, sweetcorn, creamed canned corn, sweetcorn, obled from frzn	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, white raw egg, yolk raw egg, fried egg, hard boiled	frosting, chocolate frosting, coconut frosting, coconut frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit, candied fruit and fibre, cereal, post fruit cocktail, canned in juice fruit cocktail, canned lt syrup	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink juice, tomato, canned juice, carrot juice, carrot juice, lemon, fresh juice, lemon, bottled juice, lime, fresh juice, lime, fottled
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean, burger, breaded spicy beans, navy, sprouted beans, navy, sprouted beans, snap, fresh	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn, bread, cracked wheat	Cap n Crunch, cereal capers, canned caramels cardoon, raw carob carrots, raw carrots, boiled (cooked) carrots, canned carrots, boiled from frzn carrots, baby cassava, raw cauliflower, raw	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, fat chicken, nuggets, breaded chicken, burger, fillet sandwich chicken, meat and skin raw chicken, roasted chicken breast, meat only raw chicken breast, fried meat only	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, yellow white corn, sweetcorn, boiled (cooked) corn, sweetcorn, canned in brine corn, sweetcorn, creamed canned corn, sweetcorn, boiled from frzn corn, cob, boiled (cooked)	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, white raw egg, yolk raw egg, fried egg, hard boiled egg, omelette	frosting, chocolate frosting, coconut frosting, coconut frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit, candied fruit and fibre, cereal, post fruit cocktail, canned It syrup fruit cocktail, canned It syrup	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink juice, tomato, canned juice, carrot juice, carrot juice, lemon, fresh juice, lemon, bottled juice, lime, fresh juice, lime, bottled juice, grapefruit, prep from conc
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean , burger, breaded spicy beans, navy, sprouted beans, navy, sprouted boiled beans, snap, fresh beans, snap, boiled (cooked) beans, adzuki, dried raw	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn,	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob carrots, raw carrots, boiled (cooked) carrots, boiled from frzn carrots, bobled from frzn carrots, baby cassava, raw	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, fat chicken, nuggets, breaded chicken, burger, fillet sandwich chicken, meat and skin raw chicken, roasted chicken breast, meat only raw	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, yellow white corn, sweetcorn, boiled (cooked) corn, sweetcorn, canned in brine corn, sweetcorn, creamed canned corn, sweetcorn, obled from frzn	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, white raw egg, yolk raw egg, fried egg, hard boiled	frosting, chocolate frosting, coconut frosting, coconut frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit, candied fruit and fibre, cereal, post fruit cocktail, canned in juice fruit cocktail, canned lt syrup	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink juice, tomato, canned juice, carrot juice, carrot juice, lemon, fresh juice, lemon, bottled juice, lime, fresh juice, lime, fottled
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean , burger, breaded spicy beans, navy, sprouted beans, navy, sprouted boiled beans, snap, fresh beans, snap, boiled (cooked) beans, adzuki, dried raw beans, adzuki, boiled (cooked)	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn, bread, cracked wheat bread, egg	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob carrots, raw carrots, boiled (cooked) carrots, canned carrots, boiled from frzn carrots, boiled from frzn carrots, baby cassava, raw cauliflower, raw cauliflower, cooked	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, fat chicken, nuggets, breaded chicken, nuggets, breaded chicken, meat and skin raw chicken, meat and skin raw chicken breast, meat only raw chicken breast, fried meat only chicken breast, roasted meat only	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, yellow white corn, sweetcorn, boiled (cooked) corn, sweetcorn, canned in brine corn, sweetcorn, creamed canned corn, sweetcorn, boiled from frzn corn, cob, boiled (cooked) corn, pudding	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, white raw egg, yolk raw egg, fried egg, hard boiled egg, omelette egg, poached	frosting, chocolate frosting, coconut frosting, coconut frosting, cream cheese frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit, candied fruit and fibre, cereal, post fruit cocktail, canned in juice fruit cocktail, canned it syrup fruit cocktail, canhed It syrup fruit cocktail, cnd hvy syrup fruit pastilles	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink juice, tomato, canned juice, carrot juice, cranberry juice, lemon , fresh juice, lemon, bottled juice, lime, fresh juice, lime, bottled juice, grapefruit, prep from conc juice, orange, prep from conc
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean , burger, breaded spicy beans, navy, sprouted beans, navy, sprouted beans, snap, fresh beans, snap, fresh beans, adzuki, dried raw beans, adzuki, dried raw beans, black, dried raw beans, black, boiled (cooked) beans, cranberry, dried raw	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn, bread, cracked wheat bread, egg, toasted bread, french bread, french,	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob carrots, raw carrots, boiled (cooked) carrots, boiled from frzn carrots, baby cassava, raw cauliflower, raw cauliflower, cooked cauliflower, boiled from frzn celeriac, raw celery, raw	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, fat chicken, nuggets, breaded chicken, burger, fillet sandwich chicken, meat and skin raw chicken, roasted chicken breast, meat only raw chicken breast, fried meat only chicken breast, stewed meat only chicken breast, broiled with skin chickpeas, dried raw	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, yellow white corn, sweetcorn, boiled (cooked) corn, sweetcorn, canned in brine corn, sweetcorn, creamed canned corn, sweetcorn, boiled from frzn corn, cob, boiled (cooked) corn, pudding com Chex, cereal corn flakes, cereal corn on the cob, with butter	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, white raw egg, yolk raw egg, fried egg, hard boiled egg, poached egg, scrambled egg, duck egg, quail	frosting, chocolate frosting, coconut frosting, coconut frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit, candied fruit and fibre, cereal, post fruit cocktail, canned in juice fruit cocktail, canned it syrup fruit cocktail, canned lt syrup fruit pastilles fudge, chocolate fudge, vanilla garlic, powder	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink juice, tomato, canned juice, carrot juice, carrot juice, lemon, fresh juice, lemon, bottled juice, lime, fresh juice, lime, bottled juice, grapefruit, prep from conc juice, orange, prep from conc juice, apple, prep from conc juice, grape, conc swtnd juice, grape, conc swtnd juice, grape, conc swtnd
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean, burger, breaded spicy beans, navy, sprouted beans, navy, sprouted beans, snap, fresh beans, snap, fresh beans, adzuki, dried raw beans, adzuki, dried raw beans, black, dried raw beans, cranberry, dried raw beans, cranberry, dried raw beans, cranberry, dried raw beans, cranberry, boiled (cooked)	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn, bread, cracked wheat bread, egg bread, egg, toasted bread, french bread, french bread, french, toasted bread, indian, fried	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob carrots, raw carrots, boiled (cooked) carrots, canned carrots, boiled from frzn carrots, baby cassava, raw cauliflower, raw cauliflower, cooked cauliflower, coled from frzn celeriac, raw celery, raw celery, raw celery, raw cereal bar, granola, hard plain	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, fat chicken, nuggets, breaded chicken, burger, fillet sandwich chicken, meat and skin raw chicken, meat and skin raw chicken breast, meat only raw chicken breast, fried meat only chicken breast, roasted meat only chicken breast, stewed meat only chicken breast, broiled with skin chickpeas, dried raw chickpeas, dried raw	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, yellow white corn, sweetcorn, boiled (cooked) corn, sweetcorn, canned in brine corn, sweetcorn, creamed canned corn, sweetcorn, boiled from frzn corn, cob, boiled (cooked) corn , pudding corn Chex, cereal corn flakes, cereal corn on the cob, with butter Corn Pops, cereal	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, white raw egg, yolk raw egg, fried egg, hard boiled egg, omelette egg, scrambled egg, duck egg, quail egg substitute, liquid	frosting, chocolate frosting, coconut frosting, coconut frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit, candied fruit and fibre, cereal, post fruit cocktail, canned in juice fruit cocktail, canned lt syrup fruit cocktail, canhed lt syrup fruit pastilles fudge, chocolate fudge, vanilla garlic, powder garlic, raw	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink juice, tomato, canned juice, carrot juice, carrot juice, lemon, fresh juice, lemon, bottled juice, lime, fresh juice, lime, presh juice, lime, pottled juice, grapefruit, prep from conc juice, orange, prep from conc juice, apple, prep from conc juice, grape, conc swtnd juice, grape, conc swtnd juice, orange, conceswtnd juice, orange, conceswtnd juice, orange, conceswtnd
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banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean, burger, breaded spicy beans, navy, sprouted beans, navy, sprouted beans, snap, fresh beans, snap, boiled (cooked) beans, adzuki, dried raw beans, black, dried raw beans, cranberry, dried raw beans, cranberry, boiled (cooked) beans, cranberry, canned beans, french, dried raw	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn, bread, cracked wheat bread, egg bread, egg, toasted bread, french bread, indian, fried bread, indian, fried bread, soda, irish bread, italian	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob carrots, raw carrots, canned carrots, boiled (cooked) carrots, boiled from frzn carrots, baby cassava, raw cauliflower, raw cauliflower, cooked cauliflower, boiled from frzn celeriac, raw celery, raw cereal bar, granola, hard plain cereal bar, granola, soft plain cheerios, cereal, honey nut	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, nuggets, breaded chicken, burger, fillet sandwich chicken, meat and skin raw chicken roasted chicken breast, meat only raw chicken breast, fried meat only chicken breast, roasted meat only chicken breast, stewed meat only chicken breast, stewed meat only chicken breast, stewed meat only chicken breast, broiled with skin chickpeas, dried raw chickpeas, canned chili con carne	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, yellow white corn, sweetcorn, boiled (cooked) corn, sweetcorn, canned in brine corn, sweetcorn, creamed canned corn, sweetcorn, boiled from frzn corn, cob, boiled (cooked) corn n, sweetcorn, boiled from frzn corn, cob, boiled (cooked) corn n pudding corn Chex, cereal corn on the cob, with butter Corn Pops, cereal corndog corned beef, jellied	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, white raw egg, fried egg, lard boiled egg, omelette egg, poached egg, scrambled egg, duck egg, quail egg substitute, liquid egg substitute, powder eggplant, raw	frosting, chocolate frosting, coconut frosting, coconut frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit, candied fruit and fibre, cereal, post fruit cocktail, canned in juice fruit cocktail, canned it syrup fruit cocktail, canned hyy syrup fruit pastilles fudge, chocolate fudge, vanilla garlic, powder garlic, raw gelatine, dry mix gelatine, prep with water	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink juice, tomato, canned juice, carrot juice, carnot juice, lemon, fresh juice, lemon, bottled juice, lime, fresh juice, lime, bottled juice, grapefruit, prep from conc juice, orange, prep from conc juice, apple, prep from conc juice, orange, conc swtnd juice, grape, conc swtnd juice, orange, concentrate juice bar, frozen, with ice cream
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean, burger, breaded spicy beans, navy, sprouted beans, navy, sprouted biled beans, snap, fresh beans, snap, fresh beans, snap, boiled (cooked) beans, adzuki, dried raw beans, black, dried raw beans, black, dried raw beans, cranberry, dried raw beans, cranberry, boiled (cooked)	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn, bread, cracked wheat bread, egg bread, egg, toasted bread, french bread, indian, fried bread, soda, irish	Cap n Crunch, cereal capers, canned caramels cardoon, raw carob carrots, raw carrots, boiled (cooked) carrots, canned carrots, boiled from frzn carrots, bobled from frzn carrots, baby cassava, raw cauliflower, raw cauliflower, boiled from frzn celeriac, raw celery, raw cereal bar, granola, hard plain cereal bar, granola, soft plain	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, fat chicken, nuggets, breaded chicken, burger, fillet sandwich chicken, meat and skin raw chicken, roasted chicken breast, meat only raw chicken breast, fried meat only chicken breast, roasted meat only chicken breast, stewed meat only chicken breast, stewed meat only chicken breast, stewed meat only chicken breast, broiled with skin chickpeas, dried raw chickpeas, boiled chickpeas, canned	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, yellow white corn, sweetcorn, boiled (cooked) corn, sweetcorn, canned in brine corn, sweetcorn, creamed canned corn, sweetcorn, oreamed canned corn, sweetcorn, boiled from frzn corn, cob, boiled (cooked) corn , pudding com Chex, cereal corn flakes, cereal corn on the cob, with butter Corn Pops, cereal corndog	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, white raw egg, yolk raw egg, fried egg, hard boiled egg, omelette egg, poached egg, scrambled egg, duck egg, quail egg substitute, liquid egg substitute, powder	frosting, chocolate frosting, coconut frosting, coconut frosting, coream cheese frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit, candied fruit and fibre, cereal, post fruit cocktail, canned in juice fruit cocktail, canned it syrup fruit pastilles fudge, chocolate fudge, vanilla garlic, powder garlic, raw gelatine, dry mix gelatine, prep with water gin, 80 proof	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink juice, tomato, canned juice, carrot juice, carrot juice, lemon, fresh juice, lemon, bottled juice, lime, fresh juice, lime, bottled juice, grapefruit, prep from conc juice, orange, prep from conc juice, orange, prep from conc juice, apple, prep from conc juice, grape, conc swtnd juice, grape, conc swtnd juice, orange, concentrate juice bar, frozen, with ice cream juice bar, frozen
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean , burger, breaded spicy beans, navy, sprouted beans, navy, sprouted beans, snap, fresh beans, snap, fresh beans, adzuki, dried raw beans, adzuki, dried raw beans, black, dried raw beans, cranberry, dried raw beans, cranberry, dried raw beans, cranberry, boiled (cooked) beans, cranberry, boiled (cooked) beans, cranberry, dried raw beans, french, dried raw beans, french, dried raw beans, kidney, dried raw	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn, bread, cracked wheat bread, egg bread, egg, toasted bread, french bread, italian bread, soda, irish bread, italian bread, italian bread, mixed grain	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob carrots, raw carrots, boiled (cooked) carrots, boiled from frzn carrots, baby cassava, raw cauliflower, raw cauliflower, cooked cauliflower, boiled from frzn celeriac, raw celery, raw cereal bar, granola, hard plain cereal bar, granola, soft plain cheerios, cereal, honey nut cheerios, cereal, multi grain	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, fat chicken, nuggets, breaded chicken, burger, fillet sandwich chicken, meat and skin raw chicken roasted chicken breast, meat only raw chicken breast, fried meat only chicken breast, stewed meat only chickpeas, dried raw chickpeas, canned chickpeas, canned chili con carne chili con carne, canned	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, yellow white corn, sweetcorn, boiled (cooked) corn, sweetcorn, canned in brine corn, sweetcorn, creamed canned corn, sweetcorn, boiled from frzn corn, cob, boiled (cooked) corn, sweetcorn, boiled from frzn corn, cob, boiled (cooked) corn flakes, cereal corn flakes, cereal corn on the cob, with butter Corn Pops, cereal corndog corned beef, jellied corned beef, hash, canned	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, white raw egg, yolk raw egg, fried egg, hard boiled egg, omelette egg, poached egg, scrambled egg, duck egg, quail egg substitute, liquid egg substitute, powder eggplant, raw eggplant, boiled	frosting, chocolate frosting, coconut frosting, coconut frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit, candied fruit and fibre, cereal, post fruit cocktail, canned in juice fruit cocktail, canned it syrup fruit cocktail, canned hyy syrup fruit pastilles fudge, chocolate fudge, vanilla garlic, powder garlic, raw gelatine, dry mix gelatine, prep with water	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink juice, tomato, canned juice, carrot juice, carnot juice, lemon, fresh juice, lemon, bottled juice, lime, fresh juice, lime, bottled juice, grapefruit, prep from conc juice, orange, prep from conc juice, apple, prep from conc juice, orange, conc swtnd juice, grape, conc swtnd juice, orange, concentrate juice bar, frozen, with ice cream
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean , burger, breaded spicy beans, navy, sprouted beans, navy, sprouted beans, navy, sprouted boiled beans, snap, fresh beans, adzuki, dried raw beans, adzuki, dried raw beans, black, dried raw beans, cranberry, dried raw beans, kidney, boiled (cooked)	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn, bread, cracked wheat bread, egg bread, egg, toasted bread, french bread, indian, fried bread, indian, fried bread, italian bread, mixed grain bread, mixed grain	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob carrots, raw carrots, boiled (cooked) carrots, boiled from frzn carrots, baby cassava, raw cauliflower, raw cauliflower, cooked cauliflower, raw cauliflower, poiled from frzn celeriac, raw celery, raw cereal bar, granola, hard plain cereal bar, granola, soft plain cheerios, cereal, multi grain cheerios, cereal	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, fat chicken, nuggets, breaded chicken, burger, fillet sandwich chicken, meat and skin raw chicken, roasted chicken breast, meat only raw chicken breast, fried meat only chicken breast, roasted meat only chicken breast, stewed meat only chicken breast, stewed meat only chicken breast, broiled with skin chickpeas, dried raw chickpeas, canned chili con carne chili con carne chilli powder	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, yellow white corn, sweetcorn, boiled (cooked) corn, sweetcorn, canned in brine corn, sweetcorn, creamed canned corn, sweetcorn, boiled from frzn corn, cob, boiled (cooked) corn, pudding corn Chex, cereal corn flakes, cereal corn on the cob, with butter Corn Pops, cereal corned beef, jellied corned beef, hash, canned cornflakes, cereal, honey crunch	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, white raw egg, white raw egg, fried egg, hard boiled egg, omelette egg, scrambled egg, scrambled egg, duck egg, quail egg substitute, liquid egg substitute, powder eggplant, raw eggplant, boiled elderberries, fresh	frosting, chocolate frosting, coconut frosting, coconut frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit, candied fruit and fibre, cereal, post fruit cocktail, canned in juice fruit cocktail, canned it syrup fruit cocktail, canned lt syrup fruit pastilles fudge, chocolate fudge, vanilla garlic, row gelatine, dry mix gelatine, prep with water gin, 80 proof ginger, ale	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink juice, tomato, canned juice, carrot juice, carnot juice, lemon, fresh juice, lemon, bottled juice, lime, fresh juice, lime, bottled juice, grapefruit, prep from conc juice, orange, prep from conc juice, apple, prep from conc juice, orange, conc swtnd juice, grape, conc swtnd juice, orange, concentrate juice bar, frozen juice bar, frozen juice drink, orange kale, raw
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean , burger, breaded spicy beans, navy, sprouted beans, navy, sprouted beans, snap, fresh beans, snap, boiled (cooked) beans, adzuki, dried raw beans, black, dried raw beans, cranberry, dried raw beans, cranberry, dried raw beans, cranberry, boiled (cooked) beans, inder draw beans, cranberry, boiled (cooked) beans, cranberry, dried raw beans, kidney, canned beans, kidney, canned beans, pinto, dried raw beans, pinto, dried raw beans, pinto, dried raw beans, pinto, dried raw	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn, bread, cracked wheat bread, egg bread, egg, toasted bread, french bread, french, toasted bread, indian, fried bread, soda, irish bread, mixed grain bread, mixed grain, toasted bread, mixed grain, toasted bread, oat bran bread, oat bran bread, oat bran bread, oat bran bread, oatmeal bread, pita, whole wheat	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob carrots, raw carrots, canned carrots, boiled (cooked) carrots, boiled from frzn carrots, baby cassava, raw cauliflower, raw cauliflower, raw cauliflower, boiled from frzn celeriac, raw celery, raw cereal bar, granola, hard plain cereal bar, granola, soft plain cheerios, cereal, honey nut cheerios, cereal, multi grain cheerios, cereal cheerios, cereal cheese, blue cheese, biue	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, nuggets, breaded chicken, burger, fillet sandwich chicken, meat and skin raw chicken roasted chicken breast, meat only raw chicken breast, fried meat only chicken breast, stewed meat only chicken breast, sould with skin chickpeas, dried raw chickpeas, boiled chickpeas, canned chilli con carne chilli con carne, canned chilli powder chives chocolate, syrup chocolate, baking, unswtnd	cookies, fig bar cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, pellow white corn, sweetcorn, boiled (cooked) corn, sweetcorn, boiled from fren corn, sweetcorn, creamed canned corn, sweetcorn, boiled from fren corn, sweetcorn, boiled from fren corn, sweetcorn, boiled from fren corn, cob, boiled (cooked) corn pudding corn Chex, cereal corn flakes, cereal corn on the cob, with butter Corn Pops, cereal corned beef, jellied corned beef, hash, canned cornflakes, cereal, honey crunch cornmeal, whole grain cornmeal, degermed cornnuts, bbq flavor	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, whole raw egg, fried egg, fried egg, hard boiled egg, omelette egg, poached egg, scrambled egg, duck egg, duck egg, quail egg substitute, liquid egg substitute, powder eggplant, raw eggplant, boiled elderberries, fresh enchillada, beef, with cheese endive, chicory, raw energy drink, added caf	frosting, chocolate frosting, coconut frosting, coconut frosting, cream cheese frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit, candied fruit and fibre, cereal, post fruit cocktail, canned in juice fruit cocktail, canned it syrup fruit cocktail, canned lt syrup fruit pastilles fudge, chocolate fudge, vanilla garlic, powder garlic, raw gelatine, dry mix gelatine, prep with water gin, 80 proof ginger, ale ginger, ground ginger, root, fresh goat, raw	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink juice, tomato, canned juice, carrot juice, carrot juice, lemon, fresh juice, lemon, bottled juice, lime, fresh juice, lime, bottled juice, grapefruit, prep from conc juice, orange, prep from conc juice, orange, prep from conc juice, orange, conc swtnd juice, grape, conc swtnd juice, orange, concentrate juice ipice, apple, concentrate juice bar, frozen juice bar, frozen juice drink, grape, canned juice drink, orange kale, raw Kit Kat
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean, burger, breaded spicy beans, navy, sprouted beans, navy, sprouted beans, snap, fresh beans, snap, boiled (cooked) beans, adzuki, dried raw beans, black, dried raw beans, cranberry, dried raw beans, cranberry, dried raw beans, cranberry, boiled (cooked) beans, cranberry, boiled (cooked) beans, idney, dried raw beans, idney, beans, kidney, dried raw beans, pinto, dried raw beans, pinto, boiled (cooked) beans, bidney, dried raw beans, kidney, boiled (cooked) beans, bidney, dried raw beans, kidney, boiled (cooked) beans, beans, bidney, canned beans, pinto, dried raw beans, pinto, dried raw beans, pinto, boiled (cooked)	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn, bread, cracked wheat bread, egg bread, egg, toasted bread, french bread, italian bread, italian bread, mixed grain bread, mixed grain bread, oat bran bread, oat bran bread, oatmeal bread, pita, whole wheat bread, pita, whole wheat	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob carrots, raw carrots, boiled (cooked) carrots, boiled from frzn carrots, baby cassava, raw cauliflower, raw cauliflower, rooked cauliflower, boiled from frzn celeriac, raw celery, raw cereal bar, granola, hard plain cereal bar, granola, soft plain cheerios, cereal, honey nut cheerios, cereal cheerios, cereal cheerios, cereal cheese, blue cheese, brie cheese, camembert	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, fat chicken, nuggets, breaded chicken, burger, fillet sandwich chicken, meat and skin raw chicken breast, meat only raw chicken breast, fried meat only chicken breast, stewed meat only chickpeas, dried raw chickpeas, dried raw chickpeas, canned chili con carne chili con carne, canned chili powder chives chocolate, syrup chocolate, baking, unswtnd chocolate, peanuts	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, yellow white corn, sweetcorn, boiled (cooked) corn, sweetcorn, canned in brine corn, sweetcorn, creamed canned corn, sweetcorn, creamed canned corn, sweetcorn, boiled from frzn corn, cook, boiled (cooked) corn, pudding corn Chex, cereal corn flakes, cereal corn on the cob, with butter Corn Pops, cereal corndog corned beef, jellied corned beef, hash, canned cornflakes, cereal, honey crunch cornmeal, whole grain cornmeal, degermed cornnuts, bbq flavor cornnuts, plain	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, white raw egg, fried egg, hard boiled egg, poached egg, poached egg, scrambled egg, duck egg, duck egg, duil egg substitute, liquid egg substitute, powder eggplant, raw eggplant, boiled elderberries, fresh enchillada, beef, with cheese endive, chicory, raw energy drink, added caf fat, beef dripping, tallow	frosting, chocolate frosting, coconut frosting, coconut frosting, coconut frosting, cream cheese frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit, candied fruit and fibre, cereal, post fruit cocktail, canned in juice fruit cocktail, canned it syrup fruit pastilles fudge, chocolate fudge, vanilla garlic, powder garlic, raw gelatine, dry mix gelatine, prep with water gin, 80 proof ginger, ground ginger, ground god, raw Gobstoppers, Jawbreakers	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink juice, tomato, canned juice, carrot juice, carrot juice, lemon, fresh juice, lemon, bottled juice, lime, fresh juice, lime, bottled juice, grapefruit, prep from conc juice, orange, prep from conc juice, orange, prep from conc juice, apple, prep from conc juice, grape, conc swtnd juice, grape, conc swtnd juice, orange, concentrate juice orange, concentrate juice bar, frozen, with ice cream juice bar, frozen juice drink, grape, canned juice drink, orange kale, raw Kit Kat kiwi, fresh
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean, burger, breaded spicy beans, navy, sprouted beans, navy, sprouted boiled beans, snap, fresh beans, adzuki, dried raw beans, adzuki, dried raw beans, black, dried raw beans, cranberry, dried raw beans, cranberry, dried raw beans, cranberry, boiled (cooked) beans, iden, dried raw beans, cranberry, boiled (cooked) beans, cranberry, boiled (cooked) beans, cranberry, canned beans, kidney, dried raw beans, kidney, dried raw beans, kidney, canned beans, pinto, dried raw beans, pinto, canned beans, white, dried raw	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn, bread, cracked wheat bread, egg bread, egg, toasted bread, indian, fried bread, indian, fried bread, italian bread, mixed grain bread, oat bran bread, oat bran bread, pita, whole wheat bread, pumpernickel bread, white, reduced cal	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob carrots, raw carrots, boiled (cooked) carrots, boiled from frzn carrots, baby cassava, raw cauliflower, raw cauliflower, cooked cauliflower, polled from frzn celeriac, raw celery, raw cereal bar, granola, hard plain cereal bar, granola, soft plain cheerios, cereal, honey nut cheerios, cereal, multi grain cheerios, cereal cheese, blue cheese, bue cheese, camembert cheese, camembert cheese, caraway	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, fat chicken, nuggets, breaded chicken, burger, fillet sandwich chicken, meat and skin raw chicken roasted chicken breast, meat only raw chicken breast, ried meat only chicken breast, roasted meat only chicken breast, stewed meat only chicken breast, roasted meat only chicken breast, stewed meat only chicken brea	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, yellow white corn, sweetcorn, boiled (cooked) corn, sweetcorn, canned in brine corn, sweetcorn, creamed canned corn, sweetcorn, boiled from frzn corn, cob, boiled (cooked) corn, pudding corn Chex, cereal corn flakes, cereal corn on the cob, with butter Corn Pops, cereal corned beef, jellied corned beef, hash, canned cornflakes, cereal, honey crunch cornmeal, whole grain cornmeal, degermed cornnuts, bbq flavor cornnuts, plain cornstarch	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, white raw egg, white raw egg, fried egg, hard boiled egg, oralette egg, poached egg, scrambled egg, scrambled egg, suil egg substitute, liquid egg substitute, powder eggplant, raw eggplant, boiled elderberries, fresh enchillada, beef, with cheese endive, chicory, raw energy drink, added caf fat, beef dripping, tallow fennel, seed	frosting, chocolate frosting, coconut frosting, coconut frosting, coconut frosting, coream cheese frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit, candied fruit, candied fruit and fibre, cereal, post fruit cocktail, canned in juice fruit cocktail, canned it syrup fruit pastilles fudge, chocolate fudge, vanilla garlic, powder garlic, raw gelatine, dry mix gelatine, prep with water gin, 80 proof ginger, ale ginger, ground ginger, root, fresh goat, raw Gobstoppers, Jawbreakers golden grahams, cereal	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink juice, tomato, canned juice, carrot juice, carrot juice, lemon, fresh juice, lemon, bottled juice, lime, bottled juice, grapefruit, prep from conc juice, orange, prep from conc juice, orange, prep from conc juice, orange, conc swtnd juice, grape, conc swtnd juice, grape, conc swtnd juice yorange, concentrate juice yorange, concentrate juice bar, frozen, with ice cream juice drink, grape, canned juice drink, orange kale, raw Kit Kat kiwi, fresh Kix, cereal
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean, burger, breaded spicy beans, navy, sprouted beans, navy, sprouted beans, snap, fresh beans, snap, fresh beans, adzuki, dried raw beans, adzuki, dried raw beans, black, boiled (cooked) beans, black, dried raw beans, cranberry, dried raw beans, cranberry, dried raw beans, cranberry, dried raw beans, cranberry, dried raw beans, ifrench, dried raw beans, kidney, dried raw beans, kidney, dried raw beans, kidney, boiled (cooked) beans, pinto, dried raw beans, black, boiled (cooked) beans, black, boiled (cooked) beans, kidney, canned beans, pinto, canned	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn, bread, cracked wheat bread, egg bread, egg, toasted bread, french bread, french bread, indian, fried bread, indian, fried bread, italian bread, mixed grain bread, oat bran bread, oatmeal bread, oatmeal bread, pita, whole wheat bread, pita, whole wheat bread, pita, whole wheat bread, white, reduced cal bread, white, reduced cal bread, rye	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob carrots, raw carrots, boiled (cooked) carrots, boiled from frzn carrots, baby cassava, raw cauliflower, raw cauliflower, cooked calliflower, boiled from frzn celeriac, raw celery, raw celery, raw cereal bar, granola, hard plain cereal bar, granola, soft plain cheerios, cereal, honey nut cheerios, cereal, frosted cheese, blue cheese, brie cheese, camembert cheese, caraway cheese, cheddar	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, nuggets, breaded chicken, burger, fillet sandwich chicken, meat and skin raw chicken, roasted chicken breast, meat only raw chicken breast, fried meat only chicken breast, roasted meat only chicken breast, stewed meat only chickpeas, dried raw chickpeas, dried raw chickpeas, canned chilli con carne chilli con carne chilli con carne, canned chilli powder chives chocolate, syrup chocolate, baking, unswtnd chocolate, peanuts chocolate, with almonds	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, yellow white corn, sweetcorn, boiled (cooked) corn, sweetcorn, canned in brine corn, sweetcorn, reamed canned corn, sweetcorn, boiled from frzn corn, cob, boiled (cooked) corn, pudding com Chex, cereal corn flakes, cereal corn on the cob, with butter Corn Pops, cereal corned beef, jellied corned beef, hash, canned cornflakes, cereal, honey crunch cornmeal, whole grain cornmeal, degermed cornnuts, bbq flavor cornuts, plain cornstarch couscous, raw	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, white raw egg, fried egg, polk raw egg, hard boiled egg, omelette egg, poached egg, scrambled egg, scrambled egg, substitute, liquid egg substitute, liquid egg substitute, liquid egg substitute, powder eggplant, raw eggplant, raw eggplant, fiesh enchillada, beef, with cheese endive, chicory, raw energy drink, added caf fat, beef dripping, tallow fennel, seed fennel, raw	frosting, chocolate frosting, coconut frosting, coconut frosting, coconut frosting, coream cheese frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit, candied fruit, candied fruit and fibre, cereal, post fruit cocktail, canned in juice fruit cocktail, canned lt syrup fruit pastilles fudge, chocolate fudge, vanilla garlic, powder garlic, raw gelatine, prep with water gin, 80 proof ginger, ale ginger, ground ginger, root, fresh goat, raw Gobstoppers, Jawbreakers golden grahams, cereal	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink juice, tomato, canned juice, carrot juice, carnot juice, lemon, fresh juice, lemon, bottled juice, lime, fresh juice, lime, bottled juice, grapefruit, prep from conc juice, orange, prep from conc juice, apple, prep from conc juice, orange, conc swtnd juice, grape, conc swtnd juice, grape, conc swtnd prep juice orange, concentrate juice bar, frozen, with ice cream juice drink, grape, canned juice drink, orange kale, raw Kit Kat kiwi, fresh Kix, cereal knockwurst, pork beef
banana chips barley barley, pearled raw barley, flour basil, dried basil, dried basil, fresh bay leaf bean , burger, breaded spicy beans, navy, sprouted beans, navy, sprouted beans, snap, fresh beans, snap, boiled (cooked) beans, adzuki, dried raw beans, black, dried raw beans, black, dried raw beans, cranberry, dried raw beans, cranberry, dried raw beans, ifrench, dried raw beans, idney, dried raw beans, idney, dried raw beans, idney, dried raw beans, idney, boiled (cooked) beans, idney, canned beans, pinto, dried raw beans, broad, raw beans, broad, raw beans, broad, raw	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, com, bread, cracked wheat bread, egg bread, egg, toasted bread, french bread, french bread, indian, fried bread, italian bread, mixed grain bread, mixed grain bread, oat bran bread, oatmeal bread, opumpernickel bread, rye bread, rye bread, rye bread, rye bread, rye bread, wheat	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob carrots, raw carrots, raw carrots, boiled (cooked) carrots, boiled from frzn carrots, boiled from frzn carrots, baby cassava, raw cauliflower, raw cauliflower, raw cauliflower, boiled from frzn celeriac, raw celery, raw cereal bar, granola, hard plain cereal bar, granola, soft plain cheerios, cereal, multi grain cheerios, cereal, frosted cheese, blue cheese, camembert cheese, caraway cheese, cheshire	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, nuggets, breaded chicken, burger, fillet sandwich chicken, meat and skin raw chicken breast, meat only raw chicken breast, fried meat only chicken breast, roasted meat only chicken breast, roasted meat only chicken breast, stewed meat only chicken breast, broiled with skin chickpeas, dried raw chickpeas, dried raw chickpeas, canned chili con carne chili con carne chili powder chives chocolate, syrup chocolate, peanuts chocolate, resmi sweet	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, pellow white corn, sweetcorn, boiled (cooked) corn, sweetcorn, boiled from fren corn, sweetcorn, creamed canned corn, sweetcorn, creamed canned corn, sweetcorn, boiled from fren corn, cob, boiled (cooked) corn in pudding corn Chex, cereal corn flakes, cereal corn on the cob, with butter Corn Pops, cereal corned beef, jellied corned beef, jellied corned beef, hash, canned conflakes, cereal, honey crunch cornmeal, whole grain cornmeal, degermed cornnuts, bbq flavor cornnuts, plain cornstarch couscous, raw couscous, cooked	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, whole raw egg, yolk raw egg, fried egg, hard boiled egg, omelette egg, poached egg, scrambled egg, scrambled egg, scrambled egg, substitute, liquid egg substitute, liquid egg substitute, powder eggplant, raw eggplant, boiled elderberries, fresh enchillada, beef, with cheese endive, chicory, raw energy drink, added caf fat, beef dripping, tallow fennel, raw fennel, raw fennel, raw	frosting, chocolate frosting, coconut frosting, coconut frosting, cream cheese frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit, candied fruit and fibre, cereal, post fruit cocktail, canned in juice fruit cocktail, canned it syrup fruit cocktail, canned hyy syrup fruit pastilles fudge, chocolate fudge, vanilla garlic, powder garlic, raw gelatine, dry mix gelatine, prep with water gin, 80 proof ginger, ale ginger, ground ginger, root, fresh goat, raw Gobstoppers, Jawbreakers golden grahams, cereal goose, fat goose, roast with skin	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink juice, tomato, canned juice, carrot juice, carnot juice, lemon, fresh juice, lemon, bottled juice, lime, fresh juice, lime, pestled juice, grapefruit, prep from conc juice, orange, prep from conc juice, apple, prep from conc juice, orange, conc swtnd juice, orange, concentrate juice orange, concentrate juice bar, frozen juice bar, frozen juice drink, orange kale, raw Kit Kat kiwi, fresh Kix, cereal knockwurst, pork beef kumquats, fresh
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean, burger, breaded spicy beans, navy, sprouted beans, navy, sprouted beans, snap, boiled (cooked) beans, snap, boiled (cooked) beans, adzuki, dried raw beans, black, boiled (cooked) beans, black, dried raw beans, cranberry, dried raw beans, cranberry, dried raw beans, cranberry, dried raw beans, cranberry, dried raw beans, ifrench, dried raw beans, ifrench, dried raw beans, kidney, dried raw beans, kidney, boiled (cooked) beans, black, boiled (cooked) beans, black, boiled (cooked) beans, black, boiled (cooked) beans, kidney, boiled (cooked) beans, black, boiled (cooked) beans, black, boiled (cooked) beans, pinto, dried raw beans, pinto, dried raw beans, pinto, dried raw beans, pinto, canned beans, white, dried raw beans, broad, raw	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn, bread, cracked wheat bread, egg bread, egg, toasted bread, french bread, french bread, indian, fried bread, indian, fried bread, italian bread, mixed grain bread, oat bran bread, oatmeal bread, oatmeal bread, pita, whole wheat bread, pita, whole wheat bread, pita, whole wheat bread, white, reduced cal bread, white, reduced cal bread, rye	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob carrots, raw carrots, boiled (cooked) carrots, canned carrots, boiled from frzn carrots, baby cassava, raw cauliflower, raw cauliflower, raw cauliflower, raw cauliflower, boiled from frzn celeriac, raw celery, raw cereal bar, granola, hard plain cereal bar, granola, soft plain cheerios, cereal, honey nut cheerios, cereal, frosted cheese, blue cheese, blue cheese, caraway cheese, caraway cheese, cheddar cheese, cheeshire cheese, cleshire cheese, cleshire	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, nuggets, breaded chicken, burger, fillet sandwich chicken, meat and skin raw chicken, roasted chicken breast, meat only raw chicken breast, fried meat only chicken breast, roasted meat only chicken breast, stewed meat only chickpeas, dried raw chickpeas, dried raw chickpeas, canned chilli con carne chilli con carne chilli con carne, canned chilli powder chives chocolate, syrup chocolate, baking, unswtnd chocolate, peanuts chocolate, with almonds	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, yellow white corn, sweetcorn, boiled (cooked) corn, sweetcorn, canned in brine corn, sweetcorn, reamed canned corn, sweetcorn, boiled from frzn corn, cob, boiled (cooked) corn, pudding com Chex, cereal corn flakes, cereal corn on the cob, with butter Corn Pops, cereal corned beef, jellied corned beef, hash, canned cornflakes, cereal, honey crunch cornmeal, whole grain cornmeal, degermed cornnuts, bbq flavor cornuts, plain cornstarch couscous, raw	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, white raw egg, fried egg, polk raw egg, hard boiled egg, omelette egg, poached egg, scrambled egg, scrambled egg, substitute, liquid egg substitute, liquid egg substitute, liquid egg substitute, powder eggplant, raw eggplant, raw eggplant, fiesh enchillada, beef, with cheese endive, chicory, raw energy drink, added caf fat, beef dripping, tallow fennel, seed fennel, raw	frosting, chocolate frosting, coconut frosting, coconut frosting, coconut frosting, coream cheese frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit, candied fruit, candied fruit and fibre, cereal, post fruit cocktail, canned in juice fruit cocktail, canned lt syrup fruit pastilles fudge, chocolate fudge, vanilla garlic, powder garlic, raw gelatine, prep with water gin, 80 proof ginger, ale ginger, ground ginger, root, fresh goat, raw Gobstoppers, Jawbreakers golden grahams, cereal	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink juice, tomato, canned juice, carrot juice, carnot juice, lemon, fresh juice, lemon, bottled juice, lime, fresh juice, lime, bottled juice, grapefruit, prep from conc juice, orange, prep from conc juice, apple, prep from conc juice, orange, conc swtnd juice, grape, conc swtnd juice, grape, conc swtnd prep juice orange, concentrate juice bar, frozen, with ice cream juice drink, grape, canned juice drink, orange kale, raw Kit Kat kiwi, fresh Kix, cereal knockwurst, pork beef
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean, burger, breaded spicy beans, navy, sprouted beans, navy, sprouted beans, snap, fresh beans, snap, boiled (cooked) beans, adzuki, dried raw beans, adzuki, dried raw beans, black, dried raw beans, cranberry, dried raw beans, cranberry, dried raw beans, iden (cooked) beans, cranberry, boiled (cooked) beans, broad, boiled (cooked) beans, pinto, dried raw beans, broad, soiled (cooked)	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn, bread, cracked wheat bread, egg bread, egg, toasted bread, indian, fried bread, indian, fried bread, italian bread, mixed grain bread, mixed grain bread, oat bran bread, oat bran bread, pita, whole wheat bread, pumpernickel bread, white, reduced cal bread, wheat bread, wheat bread, wheat bread, wheat bread, wheat	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob carrots, raw carrots, raw carrots, boiled (cooked) carrots, boiled from frzn carrots, boiled from frzn carrots, baby cassava, raw cauliflower, raw cauliflower, raw cauliflower, boiled from frzn celeriac, raw celery, raw cereal bar, granola, hard plain cereal bar, granola, soft plain cheerios, cereal, multi grain cheerios, cereal, frosted cheese, blue cheese, camembert cheese, caraway cheese, cheshire	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, nuggets, breaded chicken, nuggets, breaded chicken, burger, fillet sandwich chicken, meat and skin raw chicken breast, meat only raw chicken breast, fried meat only chicken breast, troasted meat only chicken breast, stewed meat only chicken breast, stewed meat only chicken breast, stewed meat only chicken breast, broiled with skin chickpeas, dried raw chickpeas, boiled chickpeas, canned chilli con carne chill icon carne, canned chilli powder chives chocolate, syrup chocolate, peanuts chocolate, peanuts chocolate bar, semi sweet chocolate bar, smilk	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, poillow white corn, sweetcorn, boiled (cooked) corn, sweetcorn, canned in brine corn, sweetcorn, creamed canned corn, sweetcorn, creamed canned corn, sweetcorn, boiled from frzn corn, cob, boiled (cooked) corn n pudding corn Chex, cereal corn flakes, cereal corn on the cob, with butter Corn Pops, cereal corndog corned beef, jellied corned beef, hash, canned cornflakes, cereal, honey crunch cornmeal, degermed cornnuts, bbq flavor cornnuts, plain cornstarch couscous, raw couscous, cooked cowpeas, raw	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, white raw egg, fried egg, hard boiled egg, poached egg, poached egg, scrambled egg, scrambled egg, substitute, liquid egg substitute, powder eggplant, raw eggplant, raw eggplant, boiled elderberries, fresh enchillada, beef, with cheese endive, chicory, raw energy drink, added caf fat, beef dripping, tallow fennel, seed fennel, raw fenugreek, seed figs, fresh	frosting, chocolate frosting, coconut frosting, coconut frosting, coconut frosting, cream cheese frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit, candied fruit and fibre, cereal, post fruit cocktail, canned in juice fruit cocktail, canned it syrup fruit cocktail, canned hyy syrup fruit pastilles fudge, chocolate fudge, vanilla garlic, powder garlic, raw gelatine, dry mix gelatine, prep with water gin, 80 proof ginger, ale ginger, ground ginger, root, fresh goat, raw Gobstoppers, Jawbreakers golden grahams, cereal goose, roast with skin goose, roast meat only	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink juice, tomato, canned juice, carrot juice, carrot juice, lemon, fresh juice, lemon, bottled juice, lime, fresh juice, lime, bottled juice, grapefruit, prep from conc juice, orange, prep from conc juice, orange, prep from conc juice, orange, conc swtnd juice, grape, conc swtnd juice, orange, concentrate juice to apple, concentrate juice bar, frozen juice bar, frozen juice drink, grape, canned juice drink, orange kale, raw Kit Kat kiwi, fresh Kix, cereal knockwurst, pork beef kumquats, fresh lamb, raw
banana chips barley barley, pearled raw barley, flour basil, dried basil, dried basil, fresh bay leaf bean , burger, breaded spicy beans, navy, sprouted beans, navy, sprouted beans, snap, boiled (cooked) beans, snap, boiled (cooked) beans, adzuki, dried raw beans, black, dried raw beans, black, dried raw beans, cranberry, dried raw beans, cranberry, dried raw beans, rencherry, canned beans, french, dried raw beans, idney, dried raw beans, idney, dried raw beans, idney, canned beans, black, dried raw beans, idney, canned beans, widney, coiled (cooked) beans, black, dried raw beans, pinto, dried raw beans, pinto, dried raw beans, pinto, canned beans, pinto, canned beans, broad, raw beans, broad, raw beans, lima, raw beans, lima, faw beans, butter, canned in brine beans, black turtle, dried raw	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn, bread, cracked wheat bread, egg bread, egg, toasted bread, french bread, french bread, indian, fried bread, indian, fried bread, mixed grain bread, mixed grain bread, oat bran bread, oat bran bread, pita, whole wheat bread, pita, whole wheat bread, wheat, reduced cal bread, wheat bread, white, toasted	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob carrots, raw carrots, raw carrots, canned carrots, boiled (cooked) carrots, boiled from frzn carrots, boiled from frzn carrots, baby cassava, raw cauliflower, raw cauliflower, raw cauliflower, boiled from frzn celeriac, raw celery, raw cereal bar, granola, hard plain cereal bar, granola, soft plain cheerios, cereal, honey nut cheerios, cereal, frosted cheese, blue cheese, blue cheese, caraway cheese, caraway cheese, cheddar cheese, cheshire cheese, cottage, regular cheese, cottage, with fruit cheese, cottage, low fat 2%	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, nuggets, breaded chicken, purger, fillet sandwich chicken, meat and skin raw chicken, roasted chicken breast, meat only raw chicken breast, fried meat only chicken breast, roasted meat only chicken breast, roasted meat only chicken breast, stewed meat only chicken breast, broiled with skin chickpeas, dried raw chickpeas, dried raw chickpeas, canned chilli con carne chilli con carne chilli powder chives chocolate, syrup chocolate, peanuts chocolate, raisins chocolate bar, milk chocolate bar, semi sweet chocolate bar, plain chocolate bar, white chorizo, sausage, pork beef	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, polled (cooked) corn, sweetcorn, boiled (cooked) corn, sweetcorn, canned in brine corn, sweetcorn, creamed canned corn, sweetcorn, boiled 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orange, conc swtnd juice, grape, conc swtnd juice orange, concentrate juice orange, concentrate juice bar, frozen juice bar, frozen juice drink, orange kale, raw Kit Kat kiwi, fresh kix, cereal knockwurst, pork beef kumquats, fresh lamb, raw lamb, cooked lamb, lean raw lamb, fat, raw
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean , burger, breaded spicy beans, navy, sprouted beans, navy, sprouted beans, snap, fresh beans, snap, fresh beans, snap, boiled (cooked) beans, adzuki, dried raw beans, adzuki, dried raw beans, black, dried raw beans, cranberry, dried raw beans, cranberry, boiled (cooked) beans, cranberry, boiled (cooked) beans, cranberry, boiled (cooked) beans, idney, dried raw beans, kidney, dried raw beans, kidney, dried raw beans, kidney, canned beans, pinto, dried raw beans, pinto, boiled (cooked) beans, broad, raw beans, broad, raw beans, lima, raw beans, lima, boiled (cooked) beans, black turtle, dried raw beans, black turtle, dried raw	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn, bread, cracked wheat bread, egg bread, egg, toasted bread, indian, fried bread, indian, fried bread, indian, fried bread, mixed grain bread, mixed grain bread, oat bran bread, oat bran bread, oatmeal bread, pumpernickel bread, wheat bread, rye bread, wheat bread, wheat bread, wheat bread, wheat bread, pumpernickel bread, white, reduced cal bread, wheat bread, white, toasted bread, white, toasted bread, white, toasted bread, whole wheat	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob carrots, raw carrots, raw carrots, canned carrots, boiled (cooked) carrots, boiled from frzn carrots, baby cassava, raw cauliflower, raw cauliflower, raw cauliflower, boiled from frzn celeriac, raw celery, raw cereal bar, granola, hard plain cereal bar, granola, soft plain cheerios, cereal, multi grain cheerios, cereal, frosted cheese, blue cheese, brie cheese, caraway cheese, caraway cheese, cheddar cheese, cheshire cheese, cottage, low fat 2% cheese, cottage, low fat 2% cheese, cottage, low fat 1%	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, nuggets, breaded chicken, burger, fillet sandwich chicken, meat and skin raw chicken breast, meat only raw chicken breast, fried meat only chicken breast, fried meat only chicken breast, stewed meat only chicken breast, sould with skin chickpeas, dried raw chickpeas, oanned chickpeas, canned chilli con carne chilli con carne chilli powder chives chocolate, syrup chocolate, panuts chocolate, peanuts chocolate, raisins chocolate bar, semi sweet chocolate bar, semi sweet chocolate bar, white chorizo, sausage, pork beef chrysanthemum, raw	cookies, fig bar cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, pellow white corn, sweetcorn, boiled (cooked) corn, sweetcorn, boiled (cooked) corn, sweetcorn, creamed canned corn, sweetcorn, creamed 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from conc juice, orange, prep from conc juice, apple, prep from conc juice, orange, conc swtnd juice, orange, concentrate juice bar, frozen juice bar, frozen juice drink, orange kale, raw Kit Kat kiwi, fresh kix, cereal knockwurst, pork beef kumquats, fresh lamb, raw lamb, lean raw
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean , burger, breaded spicy beans, navy, sprouted beans, navy, sprouted boiled beans, snap, broiled (cooked) beans, snap, bieled (cooked) beans, adzuki, dried raw beans, adzuki, bried raw beans, black, dried raw beans, cranberry, dried raw beans, cranberry, dried raw beans, ranberry, dried raw beans, kidney, boiled (cooked) beans, black, dried raw beans, cranberry, dried raw beans, cranberry, dried raw beans, idney, dried raw beans, kidney, boiled (cooked) beans, black dried raw beans, kidney, dried raw beans, kidney, canned beans, pinto, dried raw beans, broad, faw beans, broad, faw beans, lima, raw beans, lima, taw beans, broad, boiled (cooked) beans, black turtle, dried raw beans, black turtle, canned	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn, bread, cracked wheat bread, egg bread, egg, toasted bread, french bread, indian, fried bread, indian, fried bread, mixed grain bread, mixed grain bread, mixed grain bread, oat bran bread, oat bran bread, pita, whole wheat bread, pumpernickel bread, white, reduced cal bread, wheat bread, wheat, toasted bread, white bread, white bread, whole wheat bread, whole wheat	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob carrots, raw carrots, boiled (cooked) carrots, boiled from frzn carrots, baby cassava, raw cauliflower, raw cauliflower, raw cauliflower, raw cauliflower, boiled from frzn celeriac, raw celery, raw cereal bar, granola, hard plain cereal bar, granola, soft plain cheerios, cereal, honey nut cheerios, cereal, frosted cheese, blue cheese, brie cheese, camembert cheese, caraway cheese, cheddar cheese, cheddar cheese, chedshire cheese, cottage, low fat 2% cheese, cottage, low fat 1% cheese, cream 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grapefruit, pink juice, tomato, canned juice, carrot juice, carrot juice, lemon, fresh juice, lemon, bottled juice, lime, bottled juice, grapefruit, prep from conc juice, orange, prep from conc juice, orange, prep from conc juice, orange, conc swtnd juice, grape, conc swtnd juice, grape, conc swtnd juice yapple, concentrate juice bar, frozen juice bar, frozen juice drink, grape, canned juice drink, orange kale, raw Kit Kat kiwi, fresh Kix, cereal knockwurst, pork beef kumquats, fresh lamb, raw lamb, lean raw lamb, leg, raw lamb, leg, raw lamb, leg, lean roasted
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean , burger, breaded spicy beans, navy, sprouted beans, navy, sprouted boiled beans, nay, sprouted boiled beans, snap, fresh beans, adzuki, dried raw beans, adzuki, dried raw beans, black, dried raw beans, cranberry, dried raw beans, cranberry, dried raw beans, cranberry, dried raw beans, kidney, dried raw beans, black, boiled (cooked) beans, black, boiled (cooked) beans, black, boiled (cooked) beans, cranberry, dried raw beans, ranberry, boiled (cooked) beans, idney, boiled (cooked) beans, kidney, dried raw beans, kidney, canned beans, broot, dried raw beans, pinto, boiled (cooked) beans, pinto, boiled (cooked) beans, pinto, boiled (cooked) beans, broad, raw beans, broad, raw beans, broad, boiled (cooked) beans, lima, raw beans, black turtle, dried raw beans, black turtle, dried raw beans, black turtle, canned beans, black turtle, canned beans, black turtle, canned	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn, bread, cracked wheat bread, egg bread, egg, toasted bread, indian, fried bread, indian, fried bread, indian, fried bread, mixed grain bread, mixed grain bread, oat bran bread, oat bran bread, oatmeal bread, pita, whole wheat bread, white, reduced cal bread, wheat bread, wheat bread, wheat bread, wheat bread, wheat bread, indian, fried	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob carrots, raw carrots, boiled (cooked) carrots, boiled from frzn cauliflower, raw cauliflower, raw cauliflower, pooked cauliflower, boiled from frzn celeriac, raw celery, raw cereal bar, granola, hard plain cereal bar, granola, soft plain cheerios, cereal, honey nut cheerios, cereal, multi grain cheerios, cereal, frosted cheese, brie cheese, brie cheese, caraway cheese, cheddar cheese, cheddar cheese, cheddar cheese, cheeshire cheese, cottage, regular cheese, cottage, with fruit cheese, cottage, low fat 1% cheese, cream cheese cheese, cheese	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, fat chicken, nuggets, breaded chicken, meat and skin raw chicken roasted chicken breast, meat only raw chicken breast, fried meat only chicken breast, stewed meat only chicken breast, stewed meat only chicken breast, stoiled with skin chickpeas, dried raw chickpeas, dried raw chickpeas, canned chilli con carne chilli con carne, canned chilli powder chives chocolate, syrup chocolate, peanuts chocolate, raisins chocolate bar, semi sweet chocolate bar, semi sweet chocolate bar, plain chocolate bar, plain chocolate bar, plain chocolate bar, plain chocolate bar, sewel chrysanthemum, raw cinnamon graham, cereal	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, yellow white corn, sweetcorn, boiled (cooked) corn, sweetcorn, canned in brine corn, sweetcorn, creamed canned corn, sweetcorn, creamed canned corn, sweetcorn, boiled from frzn corn, cob, boiled (cooked) corn, pudding corn Chex, cereal corn flakes, cereal corn on the cob, with butter Corn Pops, cereal corndog corned beef, jellied corned beef, hash, canned cornflakes, cereal, honey crunch cornmeal, whole grain cornmeal, degermed cornnuts, bbq flavor cornnuts, plain cornstarch couscous, raw couscous, raw crab, raw crab, raw crab, cakes crackers, cheese crackers, matzo, egg	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, white raw egg, white raw egg, fried egg, hard boiled egg, omelette egg, poached egg, scrambled egg, strambled egg substitute, liquid egg substitute, powder eggplant, raw eggplant, boiled elderberries, fresh enchillada, beef, with cheese endive, chicory, raw energy drink, added caf fat, beef dripping, tallow fennel, seed fennel, raw fenugreek, seed figs, fresh figs, dried fish, anchovy, raw fish, nachovy, raw fish, nachovy, canned in oil fish, bass, raw fish, butterfish, raw fish, catfish, raw	frosting, chocolate frosting, coconut frosting, coconut frosting, coconut frosting, coconut frosting, canilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit, candied fruit and fibre, cereal, post fruit cocktail, canned in juice fruit cocktail, canned it syrup fruit pastilles fruit pastilles fudge, chocolate fudge, vanilla garlic, powder garlic, raw gelatine, dry mix gelatine, prep with water gin, 80 proof ginger, ground ginger, ground ginger, root, fresh goat, raw Gobstoppers, Jawbreakers golden grahams, cereal goose, fat goose, roast with skin goose, roast meat only goose liver, pate, canned gooseberries, fresh goulash, frozen grapel, soda grapefruit, fresh	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink juice, tomato, canned juice, carrot juice, carrot juice, lemon, fresh juice, lemon, bottled juice, lime, bottled juice, grapefruit, prep from conc juice, orange, prep from conc juice, orange, prep from conc juice, apple, prep from conc juice, apple, conc swtnd juice, grape, conc swtnd juice apple, concentrate juice bar, frozen, with ice cream juice bar, frozen, with ice cream juice drink, grape, canned juice drink, orange kale, raw Kit Kat kiwi, fresh Kix, cereal knockwurst, pork beef kumquats, fresh lamb, raw lamb, lean raw lamb, leg, raw lamb, leg, lean roasted lamb, leg, lean roasted lamb, leg, lean roasted lamb, leig, raw lamb, leg, lean roasted lamb, loin, raw
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean , burger, breaded spicy beans, navy, sprouted beans, navy, sprouted beans, nay, sprouted boiled beans, snap, fresh beans, adzuki, dried raw beans, adzuki, dried raw beans, black, dried raw beans, cranberry, dried raw beans, cranberry, dried raw beans, cranberry, dried raw beans, cranberry, canned beans, kidney, dried raw beans, kidney, canned beans, black dried raw beans, kidney, canned beans, kidney, canned beans, pinto, dried raw beans, binto, dried raw beans, binto, dried raw beans, broad, raw beans, broad, raw beans, broad, fouled (cooked) beans, black turtle, dried raw beans, black turtle, canned beans, great northern, dried raw beans, great northern, doiled (cooked)	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn, bread, cracked wheat bread, egg bread, egg, toasted bread, french bread, french bread, indian, fried bread, indian, fried bread, indian, fried bread, mixed grain bread, oat bran bread, oat bran bread, oatmeal bread, pita, whole wheat bread, white, reduced cal bread, tree bread, wheat bread, white, toasted bread, white, toasted bread, whole wheat bread, stuffing, dry mix bread, roll, plain dinner	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carots, raw carrots, boiled (cooked) carrots, boiled from frzn carrots, baby cassava, raw cauliflower, raw cauliflower, raw cauliflower, pooked cautiflower, pooked cautiflower, pooked cautiflower, pooked cautiflower, pooked cautiflower, boiled from frzn celeriac, raw celery, raw cereal bar, granola, hard plain cereal bar, granola, soft plain cheerios, cereal, honey nut cheerios, cereal, multi grain cheerios, cereal cheerios, cereal cheese, blue cheese, brie cheese, camembert cheese, caraway cheese, cheddar cheese, cheddar cheese, cottage, regular cheese, cottage, with fruit cheese, cottage, low fat 2% cheese, cheese, cheese, cheese cheese, feta	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, coked sliced, chicken, canned chicken, canned chicken, nuggets, breaded chicken, burger, fillet sandwich chicken, meat and skin raw chicken, roasted chicken breast, meat only raw chicken breast, fried meat only chicken breast, roasted meat only chicken breast, toasted meat only chicken breast, stewed meat only chicken breast, stewed meat only chicken breast, soiled with skin chickpeas, dried raw chickpeas, dried raw chickpeas, canned chili con carne chili con carne chili con carne, canned chilli powder chives chocolate, syrup chocolate, panuts chocolate, peanuts chocolate, peanuts chocolate, with almonds chocolate bar, semi sweet chocolate bar, semi sweet chocolate bar, plain chocolate bar, white chorizo, sausage, pork beef chrysanthemum, raw cinnamon graham, cereal clams, raw	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, yellow white corn, sweetcorn, boiled (cooked) corn, sweetcorn, canned in brine corn, sweetcorn, creamed canned corn, sweetcorn, boiled from frzn corn, cob, boiled (cooked) corn, pudding corn Chex, cereal corn flakes, cereal corn on the cob, with butter Corn Pops, cereal comdog corned beef, jellied comed beef, hash, canned cornflakes, cereal, honey crunch cornmeal, whole grain cornmeal, degermed cornnuts, bbq flavor cornuts, plain cornstarch couscous, raw crab, crab, crab crackers, ratzo, plain crackers, matzo, egg crackers, matzo, egg crackers, matzo, egg crackers, matzo, wholewheat	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, white raw egg, white raw egg, fried egg, pard boiled egg, pard boiled egg, poached egg, scrambled egg, scrambled egg, sty title liquid egg substitute, liquid egg substitute, powder eggplant, raw eggplant, boiled elderberries, fresh enchillada, beef, with cheese endive, chicory, raw energy drink, added caf fat, beef dripping, tallow fennel, raw fenugreek, seed figs, fresh figs, dried fish, anchovy, canned in oil fish, bass, raw fish, butterfish, raw fish, cod, raw fish, cod, raw	frosting, chocolate frosting, coconut frosting, coconut frosting, coconut frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit, candied fruit and fibre, cereal, post fruit cocktail, canned in juice fruit cocktail, canned it syrup fruit cocktail, canned it syrup fruit pastilles fudge, chocolate fudge, vanilla garlic, powder garlic, raw gelatine, dry mix gelatine, prep with water gin, 80 proof ginger, ale ginger, ground ginger, root, fresh goat, raw Gobstoppers, Jawbreakers golden grahams, cereal goose, fat goose, roast with skin goose, roast mat only goose liver, pate, canned gooseberries, fresh goulash, frozen grapefruit, fresh grapefruit, canned in juice	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink juice, tomato, canned juice, carrot juice, carnot juice, lemon, fresh juice, lemon, bottled juice, lime, fresh juice, lime, fresh juice, grapefruit, prep from conc juice, orange, prep from conc juice, apple, prep from conc juice, orange, conc swtnd juice orange, concentrate juice orange, concentrate juice bar, frozen, with ice cream juice drink, grape, canned juice drink, orange kale, raw Kit Kat kiwi, fresh kix, cereal knockwurst, pork beef kumquats, fresh lamb, raw lamb, lean raw lamb, leg, raw lamb, leg, lean roasted lamb, loin, roasted lamb, loin, roasted
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean, burger, breaded spicy beans, navy, sprouted beans, navy, sprouted beans, snap, boiled (cooked) beans, snap, boiled (cooked) beans, adzuki, dried raw beans, black, dried raw beans, black, dried raw beans, cranberry, dried raw beans, cranberry, dried raw beans, ranberry, canned beans, french, dried raw beans, kidney, dried raw beans, black, dried raw beans, cranberry, canned beans, french, dried raw beans, idney, dried raw beans, black, dried raw beans, black, dried raw beans, kidney, canned beans, kidney, canned beans, broad, raw beans, pinto, canned beans, pinto, canned beans, broad, raw beans, broad, raw beans, broad, raw beans, lima, raw beans, lima, boiled (cooked) beans, butter, canned in brine beans, black turtle, dried raw beans, black turtle, canned beans, great northern, dried raw beans, great northern, dried raw beans, great northern, canned beans, great northern, canned	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn, bread, cracked wheat bread, egg bread, egg, toasted bread, french bread, french bread, indian, fried bread, indian, fried bread, mixed grain bread, mixed grain bread, oat bran bread, oat bran bread, opumpernickel bread, wheat bread, whole wheat bread, stuffing, dry mix bread, roll, plain dinner bread, roll, plain dinner	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob, carrots, raw carrots, raw carrots, canned carrots, canned carrots, boiled (cooked) carrots, boiled from frzn carrots, baby cassava, raw cauliflower, raw cauliflower, raw cauliflower, boiled from frzn celeriac, raw celery, raw cereal bar, granola, hard plain cereal bar, granola, soft plain cheerios, cereal, honey nut cheerios, cereal, frosted cheese, brie cheese, caraway cheese, caraway cheese, caraway cheese, cheshire cheese, colby cheese, cottage, with fruit cheese, cottage, low fat 1% cheese, feta	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, nuggets, breaded chicken, purger, fillet sandwich chicken, meat and skin raw chicken, roasted chicken breast, meat only raw chicken breast, fried meat only chicken breast, roasted meat only chicken breast, stewed meat only chicken breast, stewed meat only chicken breast, broiled with skin chickpeas, dried raw chickpeas, boiled chickpeas, canned chili con carne chili con carne chili powder chives chocolate, syrup chocolate, baking, unswtnd chocolate, peanuts chocolate, raisins chocolate, with almonds chocolate bar, milk chocolate bar, plain chocolate bar, white chorizo, sausage, pork beef chrysanthemum, raw cinnamon graham, cereal clams, raw clams, canned in oil	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, polled (cooked) corn, sweetcorn, boiled (cooked) corn, sweetcorn, canned in brine corn, sweetcorn, creamed canned corn, sweetcorn, creamed canned corn, sweetcorn, boiled from frzn corn, cob, boiled (cooked) corn , pudding com Chex, cereal corn flakes, cereal corn on the cob, with butter Corn Pops, cereal corned beef, jellied corned beef, jellied corned beef, hash, canned conflakes, cereal, honey crunch cornmuts, bbq flavor cornnuts, blq flavor cornnuts, plain cornstarch couscous, raw couscous, cooked cowpeas, raw crab, raw crab, can in oil crackers, matzo, plain crackers, matzo, egg crackers, matzo, wholewheat crackers, saltines	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, whole raw egg, yolk raw egg, fried egg, hard boiled egg, omelette egg, poached egg, scrambled egg, scrambled egg, scrambled egg, substitute, liquid egg substitute, liquid egg substitute, powder eggplant, raw eggplant, boiled elderberries, fresh enchillada, beef, with cheese endive, chicory, raw energy drink, added caf fat, beef dripping, tallow fennel, raw fenugreek, seed figs, fresh figs, dried fish, anchovy, raw fish, bass, raw fish, bass, raw fish, butterfish, raw fish, cod, raw fish, cod, baked	frosting, chocolate frosting, coconut frosting, coconut frosting, coconut frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit, andied fruit and fibre, cereal, post fruit cocktail, canned in juice fruit cocktail, canned lit syrup fruit cocktail, canned lit syrup fruit pastilles fudge, chocolate fudge, vanilla garlic, powder garlic, raw gelatine, dry mix gelatine, prep with water gin, 80 proof ginger, ale ginger, ground ginger, root, fresh goat, raw Gobstoppers, Jawbreakers golden grahams, cereal goose, fat goose, roast with skin goose, roast meat only goose liver, pate, canned gooseberries, fresh goulash, frozen grapefruit, fresh grapefruit, fresh grapefruit, fresh graper, fresh graper, fresh graper, fresh graper, fresh	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, tomato, canned juice, carrot juice, carrot juice, lemon, fresh juice, lemon, bottled juice, lime, fresh juice, grapefruit, prep from conc juice, grapefruit, prep from conc juice, orange, prep from conc juice, grape, conc swtnd juice, orange, conc swtnd juice, orange, concentrate juice bar, frozen juice bar, frozen juice drink, orange kale, raw Kit Kat kiwi, fresh kix, cereal knockwurst, pork beef kumquats, fresh lamb, raw lamb, leg, raw lamb, leg, raw lamb, leg, raw lamb, leg, raw lamb, loin, roasted lamb, lioin, roasted
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean , burger, breaded spicy beans, navy, sprouted beans, navy, sprouted beans, snap, fresh beans, snap, fresh beans, adzuki, dried raw beans, adzuki, dried raw beans, black, dried raw beans, cranberry, dried raw beans, didney, dried raw beans, cranberry, dried raw beans, idney, dried raw beans, kidney, dried raw beans, kidney, dried raw beans, kidney, canned beans, pinto, dried raw beans, pinto, dried raw beans, pinto, dried raw beans, pinto, dried raw beans, pinto, boiled (cooked) beans, pinto, boiled (cooked) beans, broad, raw beans, broad, raw beans, broad, foiled (cooked) beans, lima, raw beans, black turtle, dried raw beans, black turtle, dried raw beans, black turtle, canned beans, great northern, dried raw beans, great northern, dried raw beans, great northern, boiled (cooked)	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn, bread, cracked wheat bread, egg bread, egg, toasted bread, french bread, french bread, indian, fried bread, indian, fried bread, indian, fried bread, mixed grain bread, oat bran bread, oat bran bread, oatmeal bread, pita, whole wheat bread, white, reduced cal bread, tree bread, wheat bread, white, toasted bread, white, toasted bread, whole wheat bread, stuffing, dry mix bread, roll, plain dinner	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob carrots, raw carrots, canned carrots, canned carrots, boiled (cooked) carrots, boiled from frzn carrots, baby cassava, raw cauliflower, raw cauliflower, raw cauliflower, boiled from frzn celeriac, raw celery, raw cereal bar, granola, hard plain cereal bar, granola, soft plain cheerios, cereal, honey nut cheerios, cereal, frosted cheese, blue cheese, blue cheese, brie cheese, caraway cheese, cheshire cheese, cheshire cheese, cottage, low fat 2% cheese, cottage, low fat 1% cheese, feta cheese, gietost	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, coked sliced, chicken, canned chicken, canned chicken, nuggets, breaded chicken, burger, fillet sandwich chicken, meat and skin raw chicken, roasted chicken breast, meat only raw chicken breast, fried meat only chicken breast, roasted meat only chicken breast, toasted meat only chicken breast, stewed meat only chicken breast, stewed meat only chicken breast, soiled with skin chickpeas, dried raw chickpeas, dried raw chickpeas, canned chili con carne chili con carne chili con carne, canned chilli powder chives chocolate, syrup chocolate, panuts chocolate, peanuts chocolate, peanuts chocolate, with almonds chocolate bar, semi sweet chocolate bar, semi sweet chocolate bar, plain chocolate bar, white chorizo, sausage, pork beef chrysanthemum, raw cinnamon graham, cereal clams, raw	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, yellow white corn, sweetcorn, boiled (cooked) corn, sweetcorn, canned in brine corn, sweetcorn, creamed canned corn, sweetcorn, boiled from frzn corn, cob, boiled (cooked) corn, pudding corn Chex, cereal corn flakes, cereal corn on the cob, with butter Corn Pops, cereal comdog corned beef, jellied comed beef, hash, canned cornflakes, cereal, honey crunch cornmeal, whole grain cornmeal, degermed cornnuts, bbq flavor cornuts, plain cornstarch couscous, raw crab, crab, crab crackers, ratzo, plain crackers, matzo, egg crackers, matzo, egg crackers, matzo, egg crackers, matzo, wholewheat	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, white raw egg, white raw egg, fried egg, pard boiled egg, pard boiled egg, poached egg, scrambled egg, scrambled egg, sty title liquid egg substitute, liquid egg substitute, powder eggplant, raw eggplant, boiled elderberries, fresh enchillada, beef, with cheese endive, chicory, raw energy drink, added caf fat, beef dripping, tallow fennel, raw fenugreek, seed figs, fresh figs, dried fish, anchovy, canned in oil fish, bass, raw fish, butterfish, raw fish, cod, raw fish, cod, raw	frosting, chocolate frosting, coconut frosting, coconut frosting, coconut frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit, candied fruit and fibre, cereal, post fruit cocktail, canned in juice fruit cocktail, canned it syrup fruit cocktail, canned it syrup fruit pastilles fudge, chocolate fudge, vanilla garlic, powder garlic, raw gelatine, dry mix gelatine, prep with water gin, 80 proof ginger, ale ginger, ground ginger, root, fresh goat, raw Gobstoppers, Jawbreakers golden grahams, cereal goose, fat goose, roast with skin goose, roast mat only goose liver, pate, canned gooseberries, fresh goulash, frozen grapefruit, fresh grapefruit, canned in juice	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink juice, tomato, canned juice, carrot juice, carnot juice, lemon, fresh juice, lemon, bottled juice, lime, fresh juice, lime, fresh juice, grapefruit, prep from conc juice, orange, prep from conc juice, apple, prep from conc juice, orange, conc swtnd juice orange, concentrate juice orange, concentrate juice bar, frozen, with ice cream juice drink, grape, canned juice drink, orange kale, raw Kit Kat kiwi, fresh kix, cereal knockwurst, pork beef kumquats, fresh lamb, raw lamb, lean raw lamb, leg, raw lamb, leg, lean roasted lamb, loin, roasted lamb, loin, roasted
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean , burger, breaded spicy beans, navy, sprouted beans, navy, sprouted beans, snap, fresh beans, snap, boiled (cooked) beans, adzuki, dried raw beans, adzuki, dried raw beans, black, dried raw beans, cranberry, dried raw beans, cranberry, dried raw beans, cranberry, boiled (cooked) beans, cranberry, boiled (cooked) beans, black, dried raw beans, cranberry, dried raw beans, cranberry, dried raw beans, idney, dried raw beans, kidney, dried raw beans, kidney, dried raw beans, kidney, canned beans, pinto, dried raw beans, pinto, boiled (cooked) beans, pinto, boiled (cooked) beans, lima, raw beans, lima, raw beans, broad, raw beans, broad, raw beans, black turtle, dried raw beans, black turtle, canned beans, great northern, dried raw beans, great northern, boiled (cooked) beans, great northern, canned beansprouts, mung beans, fresh	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn, bread, cracked wheat bread, egg bread, egg, toasted bread, iffench bread, indian, fried bread, indian, fried bread, mixed grain bread, mixed grain bread, oat bran bread, oat bran bread, oatheal bread, pumpernickel bread, whole wheat bread, wheat bread, wheat bread, wheat bread, wheat bread, wheat bread, pumpernickel bread, white, reduced cal bread, wheat bread, whole wheat bread, roll, plain dinner bread, roll, plain dinner bread, roll, french	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob, carrots, raw carrots, raw carrots, canned carrots, canned carrots, boiled (cooked) carrots, boiled from frzn carrots, baby cassava, raw cauliflower, raw cauliflower, raw cauliflower, boiled from frzn celeriac, raw celery, raw cereal bar, granola, hard plain cereal bar, granola, soft plain cheerios, cereal, honey nut cheerios, cereal, frosted cheese, brie cheese, caraway cheese, caraway cheese, caraway cheese, cheshire cheese, colby cheese, cottage, with fruit cheese, cottage, low fat 1% cheese, feta	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, nuggets, breaded chicken, burger, fillet sandwich chicken, meat and skin raw chicken breast, meat only raw chicken breast, fried meat only chicken breast, fried meat only chicken breast, stewed meat only chicken breast, stewed meat only chicken breast, stolled with skin chickpeas, dried raw chickpeas, boiled chickpeas, canned chilli con carne chilli con carne chilli powder chives chocolate, syrup chocolate, peanuts chocolate, peanuts chocolate, milk chocolate bar, semi sweet chocolate bar, semi sweet chocolate bar, white chorizo, sausage, pork beef chrysanthemum, raw cinnamon, ground cinnamon graham, cereal clams, raw clams, canned in oil cloves, ground	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, pellow white corn, sweetcorn, boiled (cooked) corn, sweetcorn, boiled from fran corn, sweetcorn, creamed canned corn, sweetcorn, boiled from fran corn, cob, boiled (cooked) corn , pudding com Chex, cereal corn flakes, cereal corn on the cob, with butter Corn Pops, cereal corned beef, jellied corned beef, jellied corned beef, hash, canned cornflakes, cereal, honey crunch cornmeal, whole grain cornmeat, bdq flavor cornnuts, plain cornstarch couscous, raw couscous, cooked cowpeas, raw crab, raw crab, cnd in oil crab, cakes crackers, matzo, plain crackers, matzo, egg crackers, matzo, wholewheat crackers, glain	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, white raw egg, fried egg, pard boiled egg, omelette egg, poached egg, scrambled egg, scrambled egg, strambled egg, substitute, liquid egg substitute, liquid egg substitute, powder eggplant, raw eggplant, row eggplant, boiled elderberries, fresh enchillada, beef, with cheese endive, chicory, raw energy drink, added caf fat, beef dripping, tallow fennel, raw fenugreek, seed figs, fresh figs, dried fish, anchovy, raw fish, anchovy, canned in oil fish, bass, raw fish, cod, faw fish, cod, baked fish, cod, dried salted	frosting, chocolate frosting, coconut frosting, coconut frosting, coconut frosting, coconut frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit, andied fruit and fibre, cereal, post fruit cocktail, canned in juice fruit cocktail, canned in juice fruit cocktail, canned lit syrup fruit cocktail, canned lit syrup fruit pastilles fudge, chocolate fudge, vanilla garlic, powder garlic, raw gelatine, dry mix gelatine, prep with water gin, 80 proof ginger, ground ginger, root, fresh goat, raw Gobstoppers, Jawbreakers golden grahams, cereal goose, fat goose, roast meat only goose liver, pate, canned gooseberries, fresh goulash, frozen granola, cereal, oats and honey grape, soda grapefruit, canned in juice grapes, fresh gravy, brown, dry mix	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink juice, tomato, canned juice, carrot juice, carnot juice, lemon, fresh juice, lemon, bottled juice, lime, fresh juice, lime, bottled juice, grapefruit, prep from conc juice, orange, prep from conc juice, orange, prep from conc juice, orange, conc swtnd juice, grape, conc swtnd juice , grape, conc swtnd juice , orange, concentrate juice bar, frozen juice bar, frozen juice drink, orange kale, raw Kit Kat kiwi, fresh Kix, cereal knockwurst, pork beef kumquats, fresh lamb, raw lamb, lean raw lamb, leg, raw lamb, leg, raw lamb, loin, roasted lamb, ribs, roasted
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean, burger, breaded spicy beans, navy, sprouted beans, navy, sprouted beans, snap, broiled (cooked) beans, snap, bieled (cooked) beans, adzuki, dried raw beans, adzuki, dried raw beans, black, dried raw beans, cranberry, dried raw beans, cranberry, dried raw beans, ranberry, dried raw beans, kidney, boiled (cooked) beans, black dried raw beans, cranberry, dried raw beans, pinto, dried raw beans, kidney, boiled (cooked) beans, ranberty, dried raw beans, kidney, dried raw beans, kidney, dried raw beans, broad, boiled (cooked) beans, pinto, dried raw beans, broad, foiled (cooked) beans, lima, raw beans, lima, touled (cooked) beans, lima, touled (cooked) beans, broad, boiled (cooked) beans, black turtle, dried raw beans, black turtle, dried raw beans, black turtle, boiled (cooked) beans, great northern, dried raw	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn, bread, cracked wheat bread, egg bread, egg, toasted bread, iffench bread, indian, fried bread, indian, fried bread, mixed grain bread, mixed grain bread, mixed grain bread, oat bran bread, oat bran bread, pita, whole wheat bread, yee bread, white, reduced cal bread, wheat bread, whole wheat bread, wheat bread, wheat bread, wheat, toasted bread, whole wheat bread, white, toasted bread, whole wheat bread, orll, plain dinner bread, roll, plain dinner bread, roll, plain	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob carrots, boiled (cooked) carrots, boiled from frzn carrots, boiled from frzn carrots, baby cassava, raw cauliflower, raw cauliflower, raw cauliflower, boiled from frzn celeriac, raw celery, raw cereal bar, granola, hard plain cereal bar, granola, soft plain cheerios, cereal, multi grain cheerios, cereal, frosted cheese, bile cheese, caraway cheese, caraway cheese, cheddar cheese, cheddar cheese, chedse, cottage, regular cheese, cottage, regular cheese, cottage, gwist fruit cheese, cottage, low fat 1% cheese, cream cheese cheese, gietost cheese, gjetost	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, nuggets, breaded chicken, burger, fillet sandwich chicken, meat and skin raw chicken breast, meat only raw chicken breast, fried meat only chicken breast, toasted meat only chicken breast, stewed meat only chicken breast, stewed meat only chicken breast, stroasted with skin chickpeas, dried raw chickpeas, boiled chickpeas, canned chilli con carne chilli con carne chilli powder chives chocolate, syrup chocolate, panuts chocolate, peanuts chocolate, raisins chocolate bar, milk chocolate bar, semi sweet chocolate bar, semi sweet chorizo, sausage, pork beef chrysanthemum, raw cinnamon, ground cinnamon graham, cereal clams, raw clams, canned in oil cloves, ground club, soda	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, yellow white corn, sweetcorn, boiled (cooked) corn, sweetcorn, canned in brine corn, sweetcorn, creamed canned corn, sweetcorn, creamed canned corn, sweetcorn, boiled from frzn corn, cob, boiled (cooked) corn r), pudding corn Chex, cereal corn flakes, cereal corn on the cob, with butter Corn Pops, cereal corndog corned beef, jellied corned beef, hash, canned cornflakes, cereal, honey crunch cornmeal, whole grain cornmeal, degermed cornnuts, bbq flavor cornnuts, plain cornstarch couscous, raw couscous, raw couscous, cooked cowpeas, raw crab, cakes crackers, matzo, plain crackers, matzo, plain crackers, matzo, uplain crackers, matzo, wholewheat crackers, matzo, wholewheat crackers, plain crackers, cheese filling	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, white raw egg, yolk raw egg, fried egg, hard boiled egg, poached egg, scrambled egg, scrambled egg, stried egg, stried egg, stried egg, bouck egg, quail egg substitute, liquid egg substitute, powder eggplant, raw eggplant, raw eggplant, boiled elderberries, fresh enchillada, beef, with cheese endive, chicory, raw energy drink, added caf fat, beef dripping, tallow fennel, seed fennel, raw fenugreek, seed figs, fresh figs, dried fish, anchovy, canned in oil fish, bass, raw fish, catfish, raw fish, cod, raw fish, cod, dried salted fish, flatfish, sole flounder	frosting, chocolate frosting, coconut frosting, coconut frosting, coconut frosting, coream cheese frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit, candied fruit and fibre, cereal, post fruit cocktail, canned in juice fruit cocktail, canned in juice fruit cocktail, canned lit syrup fruit pastilles fudge, chocolate fudge, vanilla garlic, powder garlic, raw gelatine, dry mix gelatine, prep with water gin, 80 proof ginger, ale ginger, ground ginger, root, fresh goat, raw Gobstoppers, Jawbreakers golden grahams, cereal goose, fat goose, roast with skin goose, roast meat only goose liver, pate, canned gooseberries, fresh gravy, frosh, dry mix gravy, brown, dry mix gravy, pork, dry mix gravy, pork, dry mix	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink juice, tomato, canned juice, carrot juice, carrot juice, lemon, fresh juice, lemon, bottled juice, lime, bottled juice, grapefruit, prep from conc juice, orange, prep from conc juice, orange, prep from conc juice, orange, conc swtnd juice, grape, conc swtnd juice, grape, conc swtnd juice apple, prep from conc juice, orange, concentrate juice bar, frozen, with ice cream juice bar, frozen juice drink, grape, canned juice drink, orange kale, raw Kit Kat kiwi, fresh Kix, cereal knockwurst, pork beef kumquats, fresh lamb, raw lamb, lean raw lamb, lea, raw lamb, leg, raw lamb, leg, lean roasted lamb, libs, raw lamb, loin, roasted lamb, ribs, raw lamb, ribs, roasted lamb, ribs, roasted lamb, ribs, roasted lamb, ribs, lean raw
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean , burger, breaded spicy beans, navy, sprouted beans, navy, sprouted beans, navy, sprouted boiled beans, snap, fresh beans, snap, boiled (cooked) beans, adzuki, dried raw beans, adzuki, dried raw beans, black, dried raw beans, cranberry, dried raw beans, cranberry, boiled (cooked) beans, cranberry, boiled (cooked) beans, cranberry, dried raw beans, kidney, dried raw beans, kidney, dried raw beans, kidney, dried raw beans, kidney, dried raw beans, binto, dried raw beans, pinto, boiled (cooked) beans, pinto, boiled (cooked) beans, broad, raw beans, broad, raw beans, broad, soiled (cooked) beans, broad, boiled (cooked) beans, black turtle, dried raw beans, great northern, canned beansprouts, mung beans, fresh beansprouts, mung beans, fried beef, lean raw beef, lean cooked	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn, bread, cracked wheat bread, egg bread, egg, toasted bread, indian, fried bread, indian, fried bread, indian, fried bread, mixed grain bread, mixed grain bread, oat bran bread, oat bran bread, oatheal bread, wheat bread, wheat bread, wheat bread, wheat bread, oatsed bread, oat bran bread, oatsed bread, oatsed bread, oatsed bread, oatsed bread, bread, italian bread, oatsed bread, oatsed bread, oatsed bread, oatsed bread, oatsed bread, white, reduced cal bread, wheat bread, whole wheat bread, whole wheat bread, whole wheat bread, whole wheat bread, italian bread, italian bread, italian bread, italian bread, pita, whole wheat bread, pita, whole wheat bread, italian bread, wheat toasted bread, whole wheat bread, whole wheat bread, roll, plain dinner bread, roll, plain bread, roll, french bread, roll, cinnamon raisin bread, pita, white bread, raisin	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob, carrots, raw carrots, raw carrots, canned carrots, canned carrots, boiled (cooked) carrots, boiled from frzn carrots, baby cassava, raw cauliflower, raw cauliflower, rocoked cauliflower, boiled from frzn celeriac, raw celery, raw cereal bar, granola, hard plain cereal bar, granola, soft plain cheerios, cereal, multi grain cheerios, cereal, frosted cheese, blue cheese, brie cheese, caraway cheese, cheddar cheese, cheshire cheese, cottage, low fat 2% cheese, cottage, low fat 1% cheese, feta cheese, guda cheese, guda cheese, guda cheese, guda cheese, feta cheese, gouda cheese, guyere cheese, guyere cheese, gurvere cheese, gurvere cheese, limburger cheese, monterey	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, nuggets, breaded chicken, burger, fillet sandwich chicken, roasted chicken breast, meat only raw chicken breast, fried meat only chicken breast, roasted meat only chicken breast, stewed meat only chicken breast, stewed meat only chicken breast, broiled with skin chickpeas, dried raw chickpeas, dried raw chickpeas, canned chilli con carne chilli con carne chilli powder chives chocolate, syrup chocolate, peanuts chocolate, peanuts chocolate, milk chocolate bar, milk chocolate bar, milk chocolate bar, white chorizo, sausage, pork beef chrysanthemum, raw cinnamon, ground clams, canned in oil cloves, ground club, soda clusters, cereal cocoa, butter	cookies, fig bar cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, boiled (cooked) corn, sweetcorn, boiled (cooked) corn, sweetcorn, boiled from fran corn, sweetcorn, creamed canned corn, sweetcorn, boiled from fran corn, cob, boiled (cooked) corn pudding corn Chex, cereal corn flakes, cereal corn on the cob, with butter Corn Pops, cereal corned beef, jellied corned beef, jellied corned beef, hash, canned cornflakes, cereal, honey crunch cornmeal, degermed cornnuts, blap flavor cornnuts, plain cornstarch couscous, raw couscous, cooked cowpeas, raw crab, raw crab, cali noil crab, cakes crackers, matzo, plain crackers, matzo, egg crackers, matzo, wholewheat crackers, cheese filling crackers, crackers, wheat crackers, wholewheat crackers, wholewheat crackers, ritz	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, whole raw egg, yolk raw egg, fried egg, hard boiled egg, omelette egg, poached egg, scrambled egg, scrambled egg, scrambled egg, strambled egg, substitute, liquid egg substitute, liquid egg substitute, powder eggplant, raw eggplant, boiled elderberries, fresh enchillada, beef, with cheese endive, chicory, raw energy drink, added caf fat, beef dripping, tallow fennel, raw fenugreek, seed figs, fresh figs, dried fish, anchovy, raw fish, bass, raw fish, bass, raw fish, catfish, raw fish, cod, fraw fish, cod, baked fish, haddock, raw fish, haddock, raw fish, haddock, paked fish, haddock, baked fish, haddock, baked fish, haddock, baked fish, haddock, baked	frosting, chocolate frosting, coconut frosting, coconut frosting, coconut frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit and fibre, cereal, post fruit cocktail, canned in juice fruit cocktail, canned it syrup fruit cocktail, canned lit syrup fruit pastilles fudge, chocolate fudge, vanilla garlic, powder garlic, raw gelatine, dry mix gelatine, prep with water gin, 80 proof ginger, ale ginger, ground ginger, root, fresh goat, raw Gobstoppers, Jawbreakers golden grahams, cereal goose, fat goose, roast meat only goose liver, pate, canned gooseberries, fresh goulash, frozen grapefruit, fresh grapefruit, fresh grape, soda grapefruit, fresh gravy, brown, dry mix gravy, beef, dry mix gravy, turkey, dry mix	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, tomato, canned juice, carrot juice, carrot juice, lemon, fresh juice, lemon, bottled juice, grapefruit, prep from conc juice, juice, lime, bottled juice, grape, rore from conc juice, orange, prep from conc juice, apple, prep from conc juice, orange, conc swtnd juice, orange, conc swtnd juice orange, concentrate juice bar, frozen juice bar, frozen juice drink, orange kale, raw Kit Kat kiwi, fresh kix, cereal knockwurst, pork beef kumquats, fresh lamb, raw lamb, lean raw lamb, leg, raw lamb, leg, raw lamb, loin, roasted lamb, ribs, raw lamb, ribs, raw lamb, ribs, roasted lamb, ish oulder, raw lamb, shoulder, roasted
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean , burger, breaded spicy beans, navy, sprouted beans, navy, sprouted beans, snap, boiled (cooked) beans, adzuki, dried raw beans, adzuki, dried raw beans, black, dried raw beans, cranberry, dried raw beans, cranberry, dried raw beans, ranberry, dried raw beans, sidney, dried raw beans, black boiled (cooked) beans, cranberry, dried raw beans, prench, dried raw beans, black dried raw beans, black boiled (cooked) beans, cranberry, dried raw beans, prench, dried raw beans, kidney, canned beans, kidney, canned beans, binto, dried raw beans, pinto, dried raw beans, pinto, dried raw beans, pinto, dried raw beans, pinto, boiled (cooked) beans, broad, raw beans, broad, raw beans, broad, boiled (cooked) beans, lima, raw beans, lima, towelled (cooked) beans, black turtle, dried raw beans, great northern, boiled (cooked)	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn, bread, cracked wheat bread, egg bread, egg, toasted bread, ffench bread, french, toasted bread, indian, fried bread, mixed grain bread, mixed grain bread, oat bran bread, oat bran bread, oat bran bread, oat wheat bread, white, reduced cal bread, wheat bread, wheat bread, wheat bread, wheat bread, wheat bread, wheat bread, bread, italian bread, oatsed bread, pumpernickel bread, pumpernickel bread, white, reduced cal bread, wheat bread, wheat bread, wheat bread, wheat bread, wheat bread, wheat bread, whole wheat bread, roll, plain dinner bread, roll, plain bread, roll, cinnamon raisin bread, garlic	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob carrots, raw carrots, boiled (cooked) carrots, canned carrots, boiled from frzn carrots, baby cassava, raw cauliflower, raw cauliflower, raw cauliflower, boiled from frzn celeriac, raw celery, raw celery, raw cereal bar, granola, hard plain cereal bar, granola, soft plain cheerios, cereal, honey nut cheerios, cereal, frosted cheerios, cereal, frosted cheese, blue cheese, camembert cheese, caraway cheese, cheddar cheese, cheddar cheese, cheese, cheshire cheese, cottage, regular cheese, cottage, low fat 1% cheese, cottage, low fat 1% cheese, cottage, low fat 1% cheese, cream cheese, cottage, low fat 1% cheese, gletost cheese, gletost cheese, gletost cheese, guyere cheese, limburger cheese, limburger cheese, mozzarella, whole milk	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, nuggets, breaded chicken, burger, fillet sandwich chicken, roasted chicken roasted chicken breast, meat only raw chicken breast, fried meat only chicken breast, stewed meat only chicken breast, stewed meat only chicken breast, stolled with skin chickpeas, dried raw chickpeas, boiled chickpeas, canned chilli con carne chilli con carne chilli con carne, canned chilli powder chives chocolate, panuts chocolate, peanuts chocolate, raisins chocolate bar, milk chocolate bar, white chorizo, sausage, pork beef chrysanthemum, raw cinnamon, ground cinamon graham, cereal clams, raw clams, canned in oil cloves, ground club, soda clusters, cereal, honey nut Coco Krispies, cereal cocoa, powder	cookies, fig bar cookies, ladyfingers cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, yellow white corn, sweetcorn, boiled (cooked) corn, sweetcorn, canned in brine corn, sweetcorn, creamed canned corn, sweetcorn, boiled from frzn corn, cob, boiled (cooked) corn n, sweetcorn, boiled from frzn corn, cob, boiled (cooked) corn n pudding com Chex, cereal corn of the cob, with butter Corn Pops, cereal corn of beef, jellied corned beef, jellied corned beef, hash, canned cornflakes, cereal, honey crunch cornmeal, whole grain cornmeal, degermed cornnuts, plain cornstarch couscous, raw couscous, cooked cowpeas, raw crab, raw crab, can in oil crab, cakes crackers, matzo, plain crackers, matzo, wholewheat crackers, seese filling crackers, cheese crackers, cheese filling crackers, wholewheat crackers, wholewheat crackers, wholewheat crackers, itz crackers, rice cakes	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, white raw egg, fried egg, hard boiled egg, poached egg, poached egg, scrambled egg, scrambled egg, straw egg, duck egg, quail egg substitute, liquid egg substitute, powder eggplant, raw eggplant, roiled elderberries, fresh enchillada, beef, with cheese endive, chicory, raw energy drink, added caf fat, beef dripping, tallow fennel, seed fennel, raw fenugreek, seed figs, fresh figs, dried fish, anchovy, raw fish, anchovy, canned in oil fish, bass, raw fish, cod, baked fish, cod, dried salted fish, haddock, raw fish, haddock, lawed fish, haddock, smoked fish, halibut, raw fish, halibut, raw fish, halibut, raw	frosting, chocolate frosting, coconut frosting, coconut frosting, coconut frosting, coconut frosting, coconut frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit, punch, canned fruit, candied fruit and fibre, cereal, post fruit cocktail, canned in juice fruit cocktail, canned in juice fruit cocktail, canned lit syrup fruit cocktail, canned lit syrup fruit pastilles fudge, chocolate fudge, vanilla garlic, powder garlic, raw gelatine, dry mix gelatine, prep with water gin, 80 proof ginger, ale ginger, ground ginger, root, fresh goat, raw Gobstoppers, Jawbreakers golden grahams, cereal goose, fat goose, roast with skin goose, roast meat only goose liver, pate, canned gooseberries, fresh grapefruit, canned in juice grapes, soda grapefruit, canned in juice grapes, fresh gravy, brown, dry mix gravy, brown, dry mix gravy, chicken, dry mix gravy, chicken, dry mix gravy, turkey, dry mix groundcherries, fresh	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, grapefruit, pink juice, tomato, canned juice, carrot juice, carnot juice, lemon, fresh juice, lemon, bottled juice, lime, fresh juice, lime, bottled juice, grapefruit, prep from conc juice, orange, prep from conc juice, orange, prep from conc juice, orange, conc swtnd juice, grape, conc swtnd juice orange, concentrate juice orange, concentrate juice in sple, concentrate juice har, frozen juice drink, grape, canned juice drink, orange kale, raw Kit Kat kiwi, fresh Kix, cereal knockwurst, pork beef kumquats, fresh lamb, raw lamb, lean raw lamb, leg, raw lamb, leg, raw lamb, leg, raw lamb, loin, roasted lamb, ribs, raw lamb, ribs, roasted lamb, ribs, roasted lamb, shoulder, raw lamb, shoulder, raw lamb, shoulder, roasted lamb, shoulder, lean raw lamb, shoulder, lean raw lamb, shoulder, lean raw lamb, shoulder, lean raw
banana chips barley barley, pearled raw barley, flour basil, dried basil, fresh bay leaf bean , burger, breaded spicy beans, navy, sprouted beans, navy, sprouted beans, navy, sprouted boiled beans, snap, fresh beans, snap, boiled (cooked) beans, adzuki, dried raw beans, adzuki, dried raw beans, black, dried raw beans, cranberry, dried raw beans, cranberry, boiled (cooked) beans, cranberry, boiled (cooked) beans, cranberry, dried raw beans, kidney, dried raw beans, kidney, dried raw beans, kidney, dried raw beans, kidney, dried raw beans, binto, dried raw beans, pinto, boiled (cooked) beans, pinto, boiled (cooked) beans, broad, raw beans, broad, raw beans, broad, soiled (cooked) beans, broad, boiled (cooked) beans, black turtle, dried raw beans, great northern, canned beansprouts, mung beans, fresh beansprouts, mung beans, fried beef, lean raw beef, lean cooked	blood, sausage bloody mary, tomato cocktail blueberries, fresh blueberries, fresh blueberries, frozen boar, raw bockwurst, sausage, pork veal raw bologna, sausage, pork beef bologna, turkey bran flakes, cereal bratwurst, sausage, pork cooked bread, banana bread, corn, bread, cracked wheat bread, egg bread, egg, toasted bread, indian, fried bread, indian, fried bread, indian, fried bread, mixed grain bread, mixed grain bread, oat bran bread, oat bran bread, oatheal bread, wheat bread, wheat bread, wheat bread, wheat bread, oatsed bread, oat bran bread, oatsed bread, oatsed bread, oatsed bread, oatsed bread, bread, italian bread, oatsed bread, oatsed bread, oatsed bread, oatsed bread, oatsed bread, white, reduced cal bread, wheat bread, whole wheat bread, whole wheat bread, whole wheat bread, whole wheat bread, italian bread, italian bread, italian bread, italian bread, pita, whole wheat bread, pita, whole wheat bread, italian bread, wheat toasted bread, whole wheat bread, whole wheat bread, roll, plain dinner bread, roll, plain bread, roll, french bread, roll, cinnamon raisin bread, pita, white bread, raisin	Cap n Crunch, cereal capers, canned caramels cardamom cardoon, raw carob, carrots, raw carrots, raw carrots, canned carrots, canned carrots, boiled (cooked) carrots, boiled from frzn carrots, baby cassava, raw cauliflower, raw cauliflower, rocoked cauliflower, boiled from frzn celeriac, raw celery, raw cereal bar, granola, hard plain cereal bar, granola, soft plain cheerios, cereal, multi grain cheerios, cereal, frosted cheese, blue cheese, brie cheese, caraway cheese, cheddar cheese, cheshire cheese, cottage, low fat 2% cheese, cottage, low fat 1% cheese, feta cheese, guda cheese, guda cheese, guda cheese, guda cheese, feta cheese, gouda cheese, guyere cheese, guyere cheese, gurvere cheese, gurvere cheese, limburger cheese, monterey	chicken, roast meat only chicken, giblets, simmered chicken, giblets, raw chicken, liver, pan fried chicken, cooked sliced, chicken, canned chicken, nuggets, breaded chicken, burger, fillet sandwich chicken, roasted chicken breast, meat only raw chicken breast, fried meat only chicken breast, roasted meat only chicken breast, stewed meat only chicken breast, stewed meat only chicken breast, broiled with skin chickpeas, dried raw chickpeas, dried raw chickpeas, canned chilli con carne chilli con carne chilli powder chives chocolate, syrup chocolate, peanuts chocolate, peanuts chocolate, milk chocolate bar, milk chocolate bar, milk chocolate bar, white chorizo, sausage, pork beef chrysanthemum, raw cinnamon, ground clams, canned in oil cloves, ground club, soda clusters, cereal cocoa, butter	cookies, fig bar cookies, cream filled coriander, cilantro, fresh corn, grits, dry corn, grits, cooked with water corn, flour, white corn, sweetcorn, boiled (cooked) corn, sweetcorn, boiled (cooked) corn, sweetcorn, boiled from fran corn, sweetcorn, creamed canned corn, sweetcorn, boiled from fran corn, cob, boiled (cooked) corn pudding corn Chex, cereal corn flakes, cereal corn on the cob, with butter Corn Pops, cereal corned beef, jellied corned beef, jellied corned beef, hash, canned cornflakes, cereal, honey crunch cornmeal, degermed cornnuts, blap flavor cornnuts, plain cornstarch couscous, raw couscous, cooked cowpeas, raw crab, raw crab, cali noil crab, cakes crackers, matzo, plain crackers, matzo, egg crackers, matzo, wholewheat crackers, cheese filling crackers, crackers, wheat crackers, wholewheat crackers, wholewheat crackers, ritz	duck, roast with skin duck, meat only raw duck, roast meat only dumplings eclairs, chocolate, cream filled eggnog eel, raw egg, whole raw egg, whole raw egg, yolk raw egg, fried egg, hard boiled egg, omelette egg, poached egg, scrambled egg, scrambled egg, scrambled egg, strambled egg, substitute, liquid egg substitute, liquid egg substitute, powder eggplant, raw eggplant, boiled elderberries, fresh enchillada, beef, with cheese endive, chicory, raw energy drink, added caf fat, beef dripping, tallow fennel, raw fenugreek, seed figs, fresh figs, dried fish, anchovy, raw fish, bass, raw fish, bass, raw fish, catfish, raw fish, cod, fraw fish, cod, baked fish, haddock, raw fish, haddock, raw fish, haddock, paked fish, haddock, baked fish, haddock, baked fish, haddock, baked fish, haddock, baked	frosting, chocolate frosting, coconut frosting, coconut frosting, coconut frosting, vanilla frozen yogurt, vanilla frozen yogurt, chocolate frozen yogurt, fruit flavours fruit, punch, canned fruit and fibre, cereal, post fruit cocktail, canned in juice fruit cocktail, canned it syrup fruit cocktail, canned lit syrup fruit pastilles fudge, chocolate fudge, vanilla garlic, powder garlic, raw gelatine, dry mix gelatine, prep with water gin, 80 proof ginger, ale ginger, ground ginger, root, fresh goat, raw Gobstoppers, Jawbreakers golden grahams, cereal goose, fat goose, roast meat only goose liver, pate, canned gooseberries, fresh goulash, frozen grapefruit, fresh grapefruit, fresh grape, soda grapefruit, fresh gravy, brown, dry mix gravy, beef, dry mix gravy, turkey, dry mix	juice, passionfruit, purple juice, passionfruit, yellow juice, pineapple juice, prune, canned juice, tomato, canned juice, carrot juice, carrot juice, lemon, fresh juice, lemon, bottled juice, grapefruit, prep from conc juice, juice, lime, bottled juice, grape, rore from conc juice, orange, prep from conc juice, apple, prep from conc juice, orange, conc swtnd juice, orange, conc swtnd juice orange, concentrate juice bar, frozen juice bar, frozen juice drink, orange kale, raw Kit Kat kiwi, fresh kix, cereal knockwurst, pork beef kumquats, fresh lamb, raw lamb, lean raw lamb, leg, raw lamb, leg, raw lamb, loin, roasted lamb, ribs, raw lamb, ribs, raw lamb, ribs, roasted lamb, ish oulder, raw lamb, shoulder, roasted

lamb, heart, raw	muffins, english, plain	pancakes, plain	pie, cherry	potato, pancakes, home made	salad drsng, ranch, regular	soup, chicken broth, dry mix	tomato, catsup, low salt
lamb, kidney, raw	muffins, english, plain toasted	pancakes, blueberry	pie, egg custard	potato, baked, flesh and skin	salad drsng, ranch, low fat	soup, minestrone, dry mix	tomatoes, fresh green
lamb, tongue, raw	muffins, blueberry	papaya, paw paw, fresh	pie, mince	potato, scalloped, with marg	salad drsng, mayo type, lite	soup, mushroom, dry mix	tomatoes, fresh red
lamb, leg, rstd	muffins, corn	paprika	pie, peach	potato, sweet, boiled no skin	salad drsng, caesar, regular	soup, onion, dry mix	tomatoes, canned whole
lamb, ground, raw lamb, ground, cooked	muffins, oat bran muffins, bran and raisins	parsley, dried parsley, fresh	pie, pecan pie, pumpkin	potato, mashed instant, milk marg potato, mashed, milk butter	salad drsng, blue cheese, low cal salad drsng, caesar, low cal	soup, oxtail, dry mix soup, tomato, dry mix	tomatoes, canned stewed tomatoes, stewed
lamb, loin, broiled	mulberries, fresh	parsnip, raw	pie, fish, potato topped	potato, masned, min butter potato chips, barbecue	salami, beerwurst, pork beef	soup, tomato, cond	tomatoes, sundried
lamb, stewing, lean broiled	mushroom, oyster, raw	parsnip, raw	pie, pumpkin, canned	potato chips, sour cream onion	salami, pork beef	soup, tomato n rice, cond	tomatoes, sundried, in oil
lard	mushroom, straw, canned	passionfruit, fresh	pie , lemon meringue,	potato chips, salted	salami, pork beef dry	soursop, fresh	tonic water
lasagna, frozen	mushrooms, raw	pasta , corn, dry	pie filling, apple, canned	potato chips, low fat	salt, table	soy, flour, full fat	tortilla chips, plain
leeks, raw	mushrooms, boiled	pasta , fresh raw	pie filling, cherry, canned	potato chips, fat free salted	samosas, vegetable	soy, flour, low fat	tortilla chips, nacho
leeks, boiled (cooked)	mushrooms, canned	pasta, fresh cooked	pie filling, blueberry, canned	potato, mashed, fast food	sandwich, roast beef, plain	soy, milk	tortilla chips, low fat baked
lemon, fresh	mushrooms, shiitake, dried	pasta, spinach, fresh raw	pigeon, peas, boiled salted	potato, white, baked	sandwich, sub, with cold cuts	soy, sauce, shoyu	tortilla chips, nacho red fat
lemon, fresh with peel	mushrooms, shiitake, boiled	pasta, spinach, fresh cooked	pigeon, squab, meat and skin raw	potato, canned	sauce, teriyaki	soy, sauce, tamari	tortillas, corn flour
lemon, peel only	mussels, raw	pasta, dry raw	pimento, canned	potato, salad	sauce, white, dry mix	soy, milk, sweetened	tortillas, flour
lemon grass, citronella, fresh	mustard, green raw	pasta, dry cooked	pina colada, canned	potatoes, roast, baked from frozen	sauce, barbecue	soyabeans, green, boiled	tostada, beef bean and cheese
lemon grass, citronella, raw	mustard, green boiled	pasta, whole wheat, dry raw	pineapple, fresh	pretzels, soft	sauce, plum	soyabeans, dried raw	Total, cereal, whole grain
lemon lime, soda	mustard, seed yellow	pasta , whole wheat, dry cooked	pineapple, canned in water	pretzels, hard salted	sauce, salsa	soyabeans, boiled	tuna, salad
lemonade, prep from conc	nachos, with cheese	pasta, tortellini, cheese filled	pineapple, canned in juice	pretzels, hard choc ctd	sauce, white, homemade	soybean, curd cheese	turkey, with skin raw
lemonade, pink, prep from conc	nectarine, fresh	pasta, meatballs, canned in sauce	pineapple, canned in It syrup	prunes, canned in hvy syrup	sauce, Tabasco	spaghetti, bolognese, frozen	turkey, roast with skin
lentils, dried raw lentils, red, dried raw	noodles, soba, dry noodles, somen, dry	paste, tomato, unsalted paste, tomato, with salt	pineapple, canned in hvy syrup pizza, margerita (cheese & tomato)	prunes, ready to eat prunes, dried	sauce, hoisin sauce, oyster	spearmint, fresh Special K, cereal	turkey, meat only raw turkey, roast meat only
lentils, red, dried raw lentils, boiled with salt	noodles, egg, dry	pastrami, turkey	pizza, margenta (cheese & tornato)	pudding, rice	sauce, oyster sauce, hollandaise	spinach. raw cooked	turkey, with gravy
lettuce, butterhead, raw	noodles, egg, boiled with salt	pastrami, turkey pastry, danish, cinnamon	pizza, meatri veg pizza, pepperoni	pudding, rice pudding, chocolate	sauce, riolaridaise	spinach, boiled	turkey, with gravy turkey, patties, battered fried
lettuce, cos romaine, raw	noodles, chinese, chow mein	pastry, danish, fruit	pizza, pepperoni, frozen	pudding, chocolate pudding, chocolate, from dry mix	sauce, cheese	spinach, canned	turkey, ground, raw
lettuce, iceberg, raw	nougat	pastry, puff, baked	plantains, raw	pudding, vanilla	sauce, marinara, for pasta	spread, chocolate, with hazelnut	turkey, giblets, simmered
lettuce, green leaf, raw	nutmeg, ground	pastry, puff, raw	plantains, cooked	pudding, banana	sauce, worcestershire	spring, onion, raw	turkey breast, with skin raw
lime, fresh	Nutri Grain, cereal bar, fruit	pastry, pie crust, baked	plum, fresh	pudding, banana, dry mix	sauce, apple, unswtnd	spring roll, deep fried	turkey breast, roast with skin
liqueur, coffee , 53 proof	nuts, almonds	pastry, pie crust, raw	plums, canned in water	pudding, coconut, dry mix	sauce, apple, swtnd	squash, acorn, raw	turkey breast, meat only raw
liqueur, coffee cream, 34 proof	nuts, almonds, blanched	pate, chicken liver, cnd	plums, canned in juice	pudding, lemon	sauce, cranberries, swtnd	squash, butternut, raw	turkey breast, roast meat only
litchis, fresh	nuts, brazilnut, unblanched	pate, liver, canned	plums, canned in hvy syrup	pudding, rice, dry mix	sauerkraut, canned	squash, spaghetti, raw	turkey ham, cooked sliced
liver, sausage, pork	nuts, cashew, raw	peach, fresh	polish, sausage, pork	puffed rice, cereal	sausage, pork, raw	squid, raw	turmeric, ground
lobster, raw	nuts, chestnuts, raw	peaches, canned in water	pomegranate, fresh	puffed wheat, cereal	sausage, pork, cooked	squid, fried	turnip, raw
loganberries, frozen	nuts, hazenuts, raw	peaches, canned in juice	Pop Tarts, frosted low fat	pummelo, fresh	sausage, pork beef, cooked	star fruit, carambola , fresh	turnip, boiled
longan, fresh	nuts, macadamia, raw cooked	peaches, canned in It syrup	Pop Tarts, fruit	pumpkin, leaves	sausage, vienna, pork beef cnd	Starburst, fruit chews	Twix
loquat, fresh	nuts, pecan	peaches, canned in hvy syrup	popcorn, air popped	pumpkin , raw	sausage, italian, pork	stock, beef	vanilla extract
Lucky Charms, cereal	nuts, pine nuts, dried	peaches, dried	popcorn, oil popped	pumpkin, boiled	sausage, pork, precooked	stock, chicken	veal, raw
luncheon meat, pork beef	nuts, walnuts nuts, chestnuts, roasted	peanut, butter, chunky	popcorn, cakes	pumpkin, seeds, rstd salted	scallop, raw	stock, fish	veal, cooked veal, lean raw
M and Ms, peanut M and Ms, plain,	nuts, almonds, oil rstd salted	peanut, butter, smooth peanut brittle	popcorn, caramel peanut	puree, tomato, unsalted puree, tomato, with salt	scallops, breaded fried	strawberries, fresh	
macaroni cheese, canned	nuts, cashew, dry rstd salted	peanuts, raw	popcorn, caramel popcorn, sweet air popped	quail, with skin raw	seaweed, kelp, raw seaweed, spirulina, dried	strawberries, canned hvy syrup strawberries, frozen	veal, escalope, raw veal, escalope, fried
mace, ground	nuts, cashew, oil rstd salted	peanuts, oil rstd salted	poppodums, plain	quince, fresh	seeds, cumin	strudel, apple	veal, brain, raw
mandarin, tangerine, fresh	nuts, mixed, dry rstd salted	peanuts, dry rstd salted	pork, lean raw	rabbit, stewed	seeds, caraway	stuffing, bread, dry mix	veal, heart, raw
mango, fresh	nuts, mixed, oil rstd salted	peanuts, oil rstd no salt	pork. raw	rabbit, raw	seeds, poppy	stuffing, sage and onion, dry mix	veal, kidney, raw
mango, chutney	nuts, pecan, rstd salted	peanuts, dry rstd no salt	pork, loin chop, raw	radish, raw	seeds, sesame, dried	suet, beef, raw	veal, liver, raw
maraschino, cherries, canned	nuts, pistachio, rstd salted	pear, fresh	pork, loin chop, briased	raisin bran, cereal	seeds, sesame, roasted	sugar, brown	veal, liver, pan fried
margarine, hard	oatmeal, instant, cinnamon	pear, dried	pork, sparerib, braised	raisins, seedless	seeds, sunflower, dried	sugar, granulated	vegetables, mixed, boiled frm frzn
margarine, 80% fat	oatmeal, instant, raisin n spice	pears, canned in water	pork, ear, raw	rambutan, canned in syrup	semolina, raw	sugar, maple	vermouth, dry
margarine, spread, 60% fat	oatmeal, instant dry cinn apple	pears, canned in juice	pork, foot, raw	raspberries, fresh	shake, chocolate, fast food	sugar, powdered	vermouth, sweet
margarine, spread, fat free	oatmeal, instant dry maple sugar	pears, canned in syrup	pork, tongue, raw	raspberries, canned hvy syrup	shake, vanilla, fast food	swede, rutabaga, raw	vinegar, cider
margarine, spread, 20% fat	oatmeal, multi-grain instant dry	peas, split, raw	pork, salt, cured	raspberries, frozen	shake, strawberry, fast food	swede, rutabaga, boiled	vinegar, distilled
margarine, spread, 40% fat	oats	peas, split, boiled (cooked)	pork, backrib, cooked	ravioli, meat and tomato sauce	shake, chocolate, thick	sweet and sour, chicken, canned	vodka, 80 proof
marjoram, dried	oats, dry	peas, green, raw	pork, steak, braised	rhubarb, frsh	shake, vanilla, thick	sweetsop, sugar apples, fresh	waffles, plain
marmalade, orange	oats, with water n salt	peas, green, boiled (cooked)	pork, oriental style dehydrated,	rhubarb, frozen	shallots, raw	syrup, pancake	waffles, plain toasted
Mars bar marshmallows	octopus, raw oheloberries, fresh	peas, green, canned	pork, loin chop, broiled pork, steak, broiled	rhubarb, cooked with sugar rice, brown, raw	sherbet	syrup, chocolate, lite	waterchestnuts, canned
marshmallows martini	oil, soybean	peas, green, frozen peas, mushy, canned	pork, steak, brolled pork, kidney, raw	rice, brown, raw	shortening shredded wheat, cereal	syrup, chocolate fudge syrup, corn, dark	watercress, raw watermelon, fresh
marzipan, almond paste	oil, soybean oil, peanut	peas, mushy, canned peas, petit pois, canned in brine	pork , kidney, raw pork . steak. raw	rice, wild, raw	shrimp, raw	syrup, corn, dark	Weetabix, cereal
meatballs, with pasta frozen	oil, coconut	peas carrots, canned	pork, steak, raw pork, skin, plain	rice, wild, raw	shrimp, breaded fried	syrup, maple	wheat, durum
melba toast, plain	oil, olive	peas carrots, frozen	pork cured, bacon, raw	rice, noodles, dry	Skittles, fruit sweets	taco, shells, baked	Wheat Chex, cereal
melba toast, rye	oil, sesame	pepper, black	pork cured, bacon, cooked	rice, noodles, cooked	Smarties	taco	Wheatena, cereal, dry
melba toast, wholewheat	oil, corn	pepper, cayenne	pork cured, bacon, canadian style	rice, white raw	snails, raw	taco, salad	Wheaties, cereal
melon, cantaloupe, fresh	oil, almond	pepper, white	pork cured, feet, pickled	rice, white	Snickers	tamarind, fresh	Wheaties, cereal, frosted
melon, casaba, fresh	oil, sunflower	peppermint, fresh	pork cured, ham, cooked	rice, white, boiled with salt	souffle, spinach	tapioca, pearl, dry	whelk, raw
melon, honeydew, fresh	oil, canola	pepperoni, pork beef	port	rice, egg fried	soup, asparagus, creamed cond	taro, dasheen, raw	whiskey, 80 proof
milk, powdered, skimmed nonfat	oil , palm	peppers, chilli, hot green fresh	potato, flour	rice, cakes, plain	soup, beef broth	taro, dasheen, cooked	wine, sweet dessert
milk, buttermilk, dried	okra, raw	peppers, chilli, hot red fresh	potato, baked, with cheese	rice, cakes, with sesame seed	soup, beef noodle, cond	taro, dasheen, leaves raw	wine, red
milk, condensed, swtnd	okra, boiled (cooked)	peppers, chilli, hot red no seeds	potato, baked, with cheese bacon	rice chex, cereal	soup, chicken broth, cond	taro, dasheen, leaves cooked	wine, rose
milk, evaporated, whole milk	olives, canned	peppers, serrano, fresh	potato, baked, with cheese chilli	Rice Krispies, cereal	soup, chicken, chunky	tarragon, dried	wine, white
milk, evaporated, skimmed nonfat	olives, pickled canned	peppers, sweet, green raw	potato, white, raw	Rice Krispies, cereal, frosted	soup, chicken, creamed cond	tea, black browned	wine, non alcoholic
milk, chocolate drink, whole milk milk, chocolate drink, low fat	onion, bhaji onion, powder	peppers, jalapeno, canned	potato, red, raw potato, red, baked	root beer	soup, chicken noodle, chunky	tea, black, brewed tea, instant, prepared	wine, champagne wonton wrap
milk, goats	onion rings, battered fried	peppers, sweet, red raw peppers, sweet, yellow raw	potato, fed, baked potato, baked, flesh only	rosemary, dried	soup, chicken n veg, chunky soup, clam chowder, chunky	tea, Instant, prepared tea, lemon, prepared saccharin	yam, raw
milk, buttermilk, reduced fat	onion rings, ballered med onion rings, baked from frzn	peppers, sweet, yellow raw peppers, jalapeno, raw	potato, baked, skin only	rosemary, dried	soup, clam chowder, chunky	tea, herbal, brewed	yam, boiled or baked
milk, reduced fat 2%	onions, raw	persimmons, sharon fruit, fresh	potato, bailed, no skin	rum, 80 proof	soup, ham n lentil	tea, chamomile, herbal	yeast, compressed fresh
milk, nonfat	onions, boiled (cooked)	pheasant, with skin raw	potato, hashed brown, home made	saffron	soup, minestrone, chunky	tea, lemon, prepared swtnd	yeast, active dry
milk, whole 3.25%	onions, flakes	pheasant, meat only raw	potato, mashed, milk marg	salad drsng, thousand island	soup, minestrone, cond	thyme, dried	yeast extract, marmite
milk, low fat 1%	orange, fresh	pickle, relish, sweet	potato, scalloped, with butter	salad drsng, mayo type, regular	soup, mushroom, creamed cond	thyme, fresh	yogurt, plain whole milk
milk drink, dry mix fruit flavour	orange, fresh with peel	pickled, cucumber, with dill	potato, au gratin, homemade	salad drsng, french, low fat	soup, onion, cond	thymus, sweetbreads, raw	yogurt, plain low fat
	orange, peel only	pickled, cucumber, sweet	potato, mashed, from dry mix	salad drsng, italian, low fat	soup, pea, cond	toaster pastries, sugar cinnamon	yogurt, vanilla, low fat
Milky Way				salad drsng, thousand, low fat	soup, potato, cond	toaster pastries, fruit	yogurt, fruit low fat
	orange, soda	pickled, cucumber, sour	potato, hashed brown, from frozen	balaa arbrig, tribabaria, ibw iat			
Milky Way	orange, soda oregano, dried	pickled, cucumber, sour pickles, chowchow, sweet	potato, hashed brown, from frozen potato, baked wedges	salad drsng, french, regular	soup, chicken noodle, cond	tofu, soya bean curd, fried	yogurt, fruit fat free
Milky Way millet, raw	-			<u> </u>			
Milky Way millet, raw mini wheats, cereal, frosted	oregano, dried	pickles, chowchow, sweet	potato, baked wedges	salad drsng, french, regular	soup, chicken noodle, cond soup, vegetable, cond soup, beef, chunky	tofu, soya bean curd, fried	yogurt, fruit fat free
Milky Way millet, raw mini wheats, cereal, frosted mints, peppermint	oregano, dried oyster, breaded fried	pickles, chowchow, sweet picnic loaf, pork beef	potato, baked wedges potato, sweet potato, raw	salad drsng, french, regular salad drsng, blue cheese, regular	soup, chicken noodle, cond soup, vegetable, cond	tofu, soya bean curd, fried tofu, soya bean curd, firm	yogurt, fruit fat free yogurt, tofu, non dairy

^{***}This list is also available by category/type at www.taylorusa.com/the-biggest-loser-digital-glass-nutritional-scale.html or go to www.taylorusa.com and search for 3840BL