How to Use:1. Carefully read the operating manual of your microwave oven for instructions for use with a thermometer.

used to pierce a hole in food. Be sure frozen food is entirely thawed before inserting the cover or thermometer.

3. Unscrew and remove the cover to use the thermometer after using cover to pierce the hole. Insert thermometer in the thickest part of food.

2. There is a protective cover over the thermometer tube. The cover should be

point where it is past the center, but not in contact with bone, fat or gristle.
Place food into microwave oven, leaving thermometer inserted during cooking.
When thermometer reaches desired temperature, remove food.

4. When used with meat, be sure to insert tip into the thickest part of meat to a

6. When thermometer reaches desired temperature, remove food.7. The thermometer will be hot! Use a heat-resistant glove when handling heated thermometer, containers and food.